

OUR COASTLINE



January 2021

OUR VISION STATEMENT

Our congregation's vision is to be a visible presence in the community, growing a just world through spiritual enrichment, compassionate action, and free religious inquiry.

A WELCOMING CONGREGATION

We are an intentionally diverse community welcoming of an enriched by people of varying cultures, economic and ethnic backgrounds; by people of varying sexual orientations, gender identities and family compositions; by people of all races, ages and beliefs.

A Christmas Treat

The Pastoral Care Team had so much fun at the Halloween drive-through candy giveaway that they decided to do it again! They braved the cold and wished everyone a Merry Christmas with treats—bags with candy, cookies and a special card for all who stopped by.



Kate Reavis, Rev. Sally White, Holly Rogers, Terri Thomas, Louise Hughes and Helene Kelly

January Reflections from Sally

As this most challenging and difficult year of 2020 ends,
As we approach the beginning of a new year,
I wish for you,
 Health,
 And moments of joy,
 And hope that lifts your spirits,
 And sustaining love to see you through 2021.



I will be on study leave beginning Monday, December 28, and will return to work on Tuesday, January 26. If you have a pastoral care issue or concern during that time, please contact a member of our pastoral care team (names and contact information elsewhere in this issue).

***Blessings on you, and on those who are gifts in your life.
Be safe, and be well.
Sally***

UPDATE FROM THE BUILDING TEAM

I bet you thought the NBT had left the building – not so fast. We have had several months of meetings, interactions and queries passed between your NBT, our Design Build Company, and officials of Morehead City. The outcome of a lot of work and patience has been the approval of all of the variances and the Special Use Permit for our new church at 2900 Bridges St.

Our next step is getting an updated building cost from our Design Build Company. They must check with their sub-contractors and material suppliers for current costs. The cost of lumber has varied widely in the past year. As in Jeopardy, the final answer is... After this short commercial break (Christmas/New Year). We expect by the middle of January 2021 to have ‘the facts’ to share with everyone.

BTW – how about that spectacular color rendering of the projected new building?! We all hope you’ve had a good Holiday for 2020.

Respectfully submitted,

Dan Phillips



Pastoral Care Offerings:

Making A Place At The Table: A Supportive Group For Grief In This Season Of Gathering

As we approach the holidays, a time of gathering as best we can, many of us will set fewer places at the table than we have in the past, due to the loss of loved ones and the ways the pandemic has forced us apart. Meeting this difference, and managing the grief that accompanies it can be particularly challenging, especially when we try to do so alone. You are invited to join Kate Reavis, social worker, Zen chaplain in training, grandmother, activist, lover of loss in a confidential and supportive Zoom group, where we will share all the ways our separations have changed us in 2020, have opportunities to form new connections, and a safe space to talk about the ways we may invite our sadness, as well as our gratitude, to the process of loss, acceptance, and healing.

Group size is limited to 8, with interest in attendance dictating the number of groups.

Pastoral Care Tip for January

****As the Covid 19 pandemic rages on it is very important to get an annual flu shot. Encourage the others you care about to do the same. It's not too late!****



The UCF Pastoral Care Team is here when you need us! Call on us. Call or email or text us. We will see you, hear you, be with you.

Chair: Kate Reavis 910-358-2034 or katereavis@yahoo.com

Helene Kelly 252-269-0775 or helenekelly1@gmail.com

Holly Rogers 509-607-2055 or hollyer54@yahoo.com

Joan Burton 201-669-1519 or Ldybg223@aol.com

Terri Thomas 252-314-4110 or terriethomas00@gmail.com

Rev. Sally White 252-622-1978 or sb.white@earthlink.net
or ucfministernew@gmail.com

President's Column

Hello and Happy New Year!

Thank goodness 2020 is over! Now, it's time to anticipate a new year chock-full of preparation and banner moments that future UCF congregations will likely recall in nostalgic conversations. What will 2021 bring for UCF? Uppermost in everybody's minds is likely the construction of our new church home at 2900 Bridges St. We have cleared the hurdles now and the action on the ground will begin. Soon, the old eyesore will be gone and we'll begin to see the bones of our new beautiful sanctuary building take shape. Won't that be exciting to watch? It will seem to take forever, but it really won't, especially if we use our time to prepare for our lives there.



For example, the Building Bridges Task Force still needs your help to prepare for the Fellowship's financial future. They are still actively soliciting capital campaign pledges; plus, they plan to utilize the fundraising ideas provided to them and will need your helping hands to do so. Your help is crucial in this effort.

What's more, preparations are also being made for strategic planning that will help facilitate the organic growth of our congregation in our new home. Part of having a new church home is growing and retaining our numbers and creating the most effective ways to serve everyone's needs in our congregation, new and old. The Board, the Leadership Council, and the Staff have been preparing questions for Constructive Conversations with the Congregation to learn how you want to create a vibrant and diverse UCF congregation that will last for generations. From these Conversations, concrete strategic plans can be made to create the organic growth we need and want. So, in the near future, you will have the opportunity to participate in focus groups that address your personal interests for UCF's future. Your help will be crucial in this effort too.

So, let's take full advantage of 2021 by preparing for UCF's future, against the backdrop of the construction of our new church home.

All the best!

Melva

Worship Services

January Worship:

10:30am Sunday mornings by Zoom

Log-in information is in each week's Saturday UCF Update

Or email Marilynn Cullison at mscullison@gmail.com



January 3rd -Worship Committee members Marilynn Cullison and Meganne Smith. "Hozro-Staying with the Trouble": Finding a Balance between Chaos and Order The Navajo word "hozho" or hozro" means beauty, balance, harmony... It is a complex wellness philosophy that is not easily defined, but can be intuitively understood. What is this underlying worldview?

January 10th-Rev. Maj-Britt Johnson. "House as a mirror of self" The psychologist C.G. Jung saw a house as a powerful symbol of the self, not just in dreams but in its actual physical form. Maybe shared spaces, like churches/fellowship halls, are also symbols - of a collection of selves. What is the difference between a house and a home? Or a building and a sanctuary?

Maj-Britt Johnson was ordained to UU Ministry in 1992. She served the Unitarian Universalist congregation in Norfolk (now housed in Virginia Beach) for seven years, after which she moved to the New York metro area where she served in two congregations, and in a NJ hospice as a spiritual care coordinator. Rev. Johnson and her husband Michael moved to NC where she served five years as minister of the Community Church of Chapel Hill. After retirement and writing for a couple years, she joined her husband in the real estate and property management field and now lives in Atlantic Beach. Throughout her life she has worked to find a balance (and conversation between) contemplative practice and engaged social action.

January 17th -Worship Committee members Sally Davis and Tom Willis

"Re-nourishing our spirits" Think back; what has re-nourished your spirits? Even small things can sparkle and help us cope. UCF members and friends share experiences and memories of how they've re-nourished their spirits.

January 24th Rev. Charlie Davis. "Simple Gifts" New Bern UU Minister Charlie Davis will help us explore the meaning of the Shaker hymn, "Simple Gifts". Covid forced us to constrict our lives in 2020. Can we take control and choose to simplify in 2021?

The Rev. Charlie Davis was ordained to the UU ministry in 1995 and has served congregations in Indiana, Maryland and North Carolina. He built his Appalachian Dulcimer in 1980 and enjoys sharing its simplicity and beauty. Rev. Charlie is married to Gail Davis who began singing in churches in 1957. She has also sung in reggae and punk bands. She has been singing with Charlie since 1983. Together they have recorded 5 albums on CD.

January 31st Rev. Sally Zoom! Before Zoom was a virtual meeting platform, it was a wordless book by Istvan Banyai that transports the reader from a farm to a ship to a city street to a desert island. "If you think you know where you are, guess again," warns the book cover. "For in Istvan Banyai's ...mysterious landscape of pictures within pictures, nothing is ever as it seems." This morning, let's explore in pictures, in music, and in words this beautiful and haunting metaphor for life.

The Benavides family – Martín, Casey, Diego and Felix – are moving to Peru, where Martín will begin an exciting new job. Safe travels to the Benavides Family!

Here is the Benavides family's address in Peru along with the link to the YouTube video of the farewell on Sunday, December 27th.

As promised, here is the address to my mother's house in Peru:

Francisca de Paula Ugarriza 181

Miraflores 18

Lima, PERU

YouTube video link: <https://www.youtube.com/watch?v=Ug1HQOdDf5w&feature=youtu.be>

Children's Religious Education And Worship

December has come and gone and the Christmas Angels were very busy. We were very fortunate to have two families and eight children that were the recipients of the Christmas Tree Project. The people that were part of the program at the United Methodist Church, One Harbor Church and the Sports Center said there were far fewer families that had put their children's names on the tree than last year. The coordinators at One Harbor Church were saying that the families that did sign up were so appreciative, they were crying when they came to pick up the presents for their children and couldn't believe the generosity of the community that they lived in. We were unable to deliver directly to the families this year due to the COVID 19 pandemic and we really missed seeing the parents to hand them the gifts and make a personal connection, we did include a beautiful card to the parents. The Sutherland family, Sarah, Jill, Ella, and Halle shopped for the children and bought, wrapped, and delivered to One Harbor Church. Next year our hopes are that COVID 19 is over and we can go back to our normal with many of our families shopping as Christmas Angels, sharing in pizza lunch, wrapping, and delivering presents to the families.



As a new year is upon us, and I am thinking about all the children we are missing in our Sunday School Worship Services, I have chosen to do a series on the 7 Principles that we live by through stories every month for the next seven months. The book, "a lamp in every corner" Our Unitarian Universalist Storybook by Janeen K. Groshmeyer, shares with us the first principle, Each Person is Important. Her first story is titled, "The Weight of a Snowflake." (continued on next page)

The Weight of a Snowflake

On the winter afternoon filled with blue shadows and white snow, a chickadee perched on the thin branch of a maple tree and watched the snowflakes fall.

A bright red cardinal flew over and landed nearby. "What-cha doin'?" chirped the cardinal.

"Watching snowflakes," said the chickadee.

The cardinal cocked his head to one side. "What for?"

"They're pretty. And each one is different; I haven't seen two that look the same."

"A snowflake is a snowflake, that's what I say," said the cardinal. "And they're cold. Me, I can't wait until spring. This winter stuff is for the mammals. They have fur on their toes." He lifted one foot and tucked it up under his feathers. "Us birds, all we got is scales."

The chickadee nodded, so that the little black cap on her head bobbed up and down, but she didn't say yes and she didn't say no.

White snowflakes fell all around them, and the blue shadows deepened to gray.

The cardinal put his foot down and hopped sideways on the branch to get a little closer to her. "What-cha doing now?" he asked.

"Counting snowflakes," said the chickadee.

The cardinal cocked his head to the other side. "What on sky for?"

"I was wondering how many snowflakes this branch would hold."

"Don't worry about it that's why I say," said the cardinal. "Snowflakes don't weight anything."

"Not anything?"

"Well . . . almost not anything. Snowflakes weigh next to nothing. They don't count for anything, and they're all the same." He clacked his strong curved beak once, twice, and then again. "You know what little chickadee? You should find something else to do, that's what I say."

The chickadee nodded, so that the little black cap on her head bobbed up and down, but she didn't say yes and she didn't say no. After a minute, the cardinal clacked her beak once more, then flapped his strong red wings and flew away. The chickadee stayed where she was, perched on the thin branch of the maple tree and counting the snowflakes as they fell.

White snowflakes fell all around her, and the gray shadows slowly deepened to dusk. More snowflakes fell, each one different, each one beautiful. Some of them landed on that branch. Some of them landed on her. Snowflake after snowflake, each one weighing almost next to nothing, but each one counting for something.

Because, as the dusk deepened into darkness, and as the chickadee counted snowflake number ten thousand three hundred and three, that branch broke from the weight of the snow.

The chickadee fell with the branch, but only for a moment, for she flapped her wings and flew, up into the snowflakes that fell from the sky, each snowflake different, each snowflake beautiful, each snowflake counting for something, in its own way.

PAID STAFF POSITION OPENING OFFICE ASSISTANT 2021

The Unitarian Coastal Fellowship Staffing Committee is seeking applicants to fill the position of Office Assistant beginning on or before February 1, 2021.

The UCF Office Assistant supports the ministry of the congregation by facilitating communications and supporting volunteers. The Office Assistant reports to the UCF Minister who will work with the Office Assistant to coordinate and prioritize the work requests received from all employees, committees and members of the church. This is a quarter-time position; 10-13 hours per week, 45 weeks per year. Total compensation is approximately \$6850 per year. Please note: the positions of office assistant and newsletter editor can be separated—both would be paid positions.

Duties include:

- Organize and maintain the church office and records

- Compose, edit, and distribute the monthly CoastLine newsletter

- Publish and disseminate information such as weekly press releases, weekly Order of Service, and bulletin boards

- Provide administrative support services to the Minister, staff members, and all UCF committees

- Assist in the maintenance of the UCF social media presence

Qualifications Required:

Organization and interpersonal skills: Ability to organize and manage information, communicate clearly and to form cooperative and effective working relationships with church committees, church members, friends and the public.

Confidentiality: Ability to be knowledgeable of and work with confidential Information while maintaining the proper discretion in the sharing/discussing that information.

Computer skills: Ability to use Microsoft Office suite, including Word, Excel, Publisher and PowerPoint. Knowledge of Facebook.

Self-motivation: Ability to work efficiently and productively under indirect supervision.

Interested persons please email a letter of consideration, including a description of relevant experience and/or resume, to Staffing Committee Member Susan Fetzer at sgfetzer@gmail.com.

Social Action

Holiday Giving – 2020 Style

In a year full of so many uncertainties, one certainty that we saw time and again was the generosity of our UCF congregation. A few examples of how your generous acts made a difference for our neighbors and community include donations to food banks, participation in UU the Vote work and our annual UCF holiday giving tradition.

Although our holiday tradition of gathering together to shop, wrap presents, stuff gift bags and sing carols could not occur this year due to COVID restrictions, your generosity of time, talents and money allowed UCF to continue our holiday giving to over 100 people in our community. This year, you donated an amazing \$3,080 in our November collections. Your donations were used to adopt Project Christmas Cheer Angels and provide holiday gift bags and a holiday celebration.



Holiday Gift Bags

UCF provided 69 gift bags that contained a \$25 gift card, a card from UCF, and a hand-made hat crocheted by members of Twisted Sisters, a community-based needlework group. The gift bags were given to the men and women of Hope Mission, Hope Mission Recovery homes, and

the Beach House. The adults at these community-based organizations are either homeless, recovering from addictions, or have severe and persistent mental illness. Six gift bags were given to the Carteret Long Term Recovery Alliance to help brighten the holidays of two families with children that are still recovering from the devastation caused by Hurricane Florence and COVID-19.

Social Action

UCF members donated yarn and stuffed animals to the Twisted Sisters to thank them for their generous donations of handmade hats and cuddle animals. We will also have a tea party for Twisted Sisters in the future to thank them for their continued partnership and generosity to our UCF Holiday Giving. Thanks to Miriam Green, Susan Roberts and Mary Anna Newman for coordinating this outreach to our community.



Station Club



Barb Thomas and Amy Jones with gifts and goodies for the party!

Your donations of cookies, chips, and beverages made it possible for Station Club members to have their annual holiday party. Each member also received a gift bag with a handmade hat from Twisted Sisters. Although we were not able to sing our carols together this year, the cookie party was a huge success and we are looking forward to next year's party where we can safely lift our voices together in the holiday spirit.



Project Christmas Cheer Angels



Project Christmas Cheer is a nonprofit organization that provides Christmas assistance to those in need in our community. UCF adopted two families which included eight children and two adults. We were able to provide toys, clothes, gift cards and homemade hats/stuffed animals.

Thanks to Sarah Sutherland for leading our Project Christmas Cheer outreach this year.

JANUARY 5TH SUNDAY COLLECTION FAMILY PROMISE OF CARTERET COUNTY

Family Promise is a local program for homeless families with children. It began in 2011 and provides housing and meals, while helping families get on their feet with job counseling, budgeting and other classes, and help with accessing local resources to find housing. In the past, overnight housing and dinners while in the program were provided by thirteen local host churches and guests spent the daytime hours at the Day Center at 1500 Arendell Street in Morehead City. UCF has always supported Family Promise of Carteret County with money and volunteer hours but we have never been able to be a host church because our building was not large enough to provide the needed space.

Due to Covid, the host churches are no longer able to provide housing. Family Promise's Director, Sandy Hewitt, and its Board have decided to convert the Day Center into housing for 3 families by converting three rooms into bedrooms, and to ask for churches to sponsor them by providing \$250 to cover a week of meals four times a year. Families will have to plan meals, budget the money to shop for the food, and will cook and eat them at the Day Center. She has asked if UCF would agree to become a sponsoring church. The Social Action Committee discussed this request at our November meeting, and unanimously agreed that we wanted to be one of these 13 sponsoring churches in Carteret County. We brainstormed ideas for raising the money to do this and decided that for 2021, we could use the January 5th Sunday collection to help us reach this \$1000 goal.

During the month of January, please donate as you can to help us support this very worthy and needed organization. You can donate in the usual ways: mail a check to UCF Treasurer at PO Box 425, Morehead City, 28557 (put 5th Sunday in the memo line);

call Dave Hughes and make arrangements for credit card payment; or use the "Donate" button on the bottom of the pages of our website (<https://www.ucfnc.org/>) and select "5th Sunday". Thank you for your continued generosity to those families who are facing food and housing insecurity in our community.

From Family Promise's annual fundraising letter (December, 2020)

"Working together with our friends and partner churches, we have provided temporary housing, meals, and services to more than 68 family members this year. We mentored 8 at-risk families, providing support for car repairs, food, clothing, and assistance with utility bills. We helped 4 families keep 22 children in their care by providing temporary shelter at a nearby motel when homelessness threatened to take them apart."



Adult RE GENTLE YOGA

Yoga is starting back up on January 6. Join Harriet Altman in a gentle one hour yoga practice, beginning January 6th. This will be a weekly virtual zoom practice at 9:00 am each Wednesday morning.

All levels are welcome, no experience necessary. Each class will begin with a little yoga history or yoga wisdom, and then a 45-50 minute gentle practice.

Harriet became certified two years ago, and would like to share the benefits she has found, and enjoy the unity among us in doing it together.

Contact Harriet at harrietaltman@icloud.com with any questions.

Harriet Altman is inviting you to a scheduled Zoom meeting.

Topic: Yoga with Harriet

Time: Jan 6, 2021 09:00 AM Eastern Time (US and Canada)

Every week on Wed, until May 26, 2021, 21 occurrence(s)

Jan 6, 2021 09:00 AM

Jan 13, 2021 09:00 AM

Jan 20, 2021 09:00 AM

Jan 27, 2021 09:00 AM

Feb 3, 2021 09:00 AM

Feb 10, 2021 09:00 AM

Feb 17, 2021 09:00 AM

Feb 24, 2021 09:00 AM

Mar 3, 2021 09:00 AM

Mar 10, 2021 09:00 AM

Mar 17, 2021 09:00 AM

Mar 24, 2021 09:00 AM

Mar 31, 2021 09:00 AM

Apr 7, 2021 09:00 AM

Apr 14, 2021 09:00 AM

Apr 21, 2021 09:00 AM

Apr 28, 2021 09:00 AM

May 5, 2021 09:00 AM

May 12, 2021 09:00 AM

May 19, 2021 09:00 AM

May 26, 2021 09:00 AM

Please download and import the following iCalendar (.ics) files to your calendar system.

Weekly: https://zoom.us/join/tJcruqogT4iHtWoUa7BVjiHucGb5zsSMZCC/ics?icsToken=98tyKuCrqD4pGtOQuB2GRowqBI_4b_TwtiVHgrdqkyrkVAJlaAreI-FlMODlA-v9



The Meditation Group

The Meditation Group starts at 6PM every Monday evening. Everyone is welcome, whether you have just begun to meditate or if you have been meditating for a long time. For Zoom link or other information regarding the guided meditations contact: Sally Davis at:

Sdavis8772@gmail.com



Adult RE

Book Study: How to Be an Antiracist

Beginning Monday, February 1, 2021, a book study group will be offered (meeting on Zoom) to read and discuss How to Be an Antiracist by Ibram X. Kendi. Meeting time will be 2-4 p.m. for four consecutive Mondays.

Kendi's book study will introduction concepts, terminology, and first steps in antiracist consciousness and action. Each class will be two hours in length, with scheduled breaks, and will be facilitated by a member of our congregation.

Group size will be limited to 10 participants and will be open to members and friends of UCF, as well as to the wider community.

* A Suggestion from the Social Action Committee: *
* If you shop on Amazon and have not already done so, please think about using Amazon *
* Smile. On Amazon Smile, you will see all the same items and prices that you see on *
* Amazon, but a small percentage of every purchase goes to a charity of your choice. You *
* can pick a local, national or international charity, and can see how much you have *
* given by clicking on the Amazon Smile menu item on your Amazon screen. Here is a *
* link to find out more info about this program: *
* https://smile.amazon.com/gp/chpf/about/ref=smi_se_rspo_laas_aas *

News of UUs

UCF member Penny Hooper is mourning the destruction of Middle Collegiate Church in New York City by fire on Saturday, December 5. Penny has friends who attended and loved this church. Middle Church is already rising up to rebuild.

Coleen Clark says her gall bladder-ectomy went well, and soon she will be the same fun irritating loud person she used to be, but not quite yet. She says she has a few more grumpy cat days left.

Our thoughts go out to Miriam Green and her family. Miriam's cat, Missy, died Thursday from bone cancer. Missy came to live with Miriam just 2 months ago after Missy's owner, Miriam's brother, died.

Charles Taylor, friend of UCF, who is undergoing radiation treatment for throat cancer. Charles would appreciate a few meals dropped off at his house. Charles is Cindy Burchett's friend. His address is 307 Second Street, Beaufort NC 28516. His phone number is 252-808-7551.

Contact Rev. Sally for more information at ucfministernew@gmail.com.

UCF Women's Group



Our next Women's Discussion Group is coming up soon. We will meet on Wednesday, January 6 from 12:30 to 1:30 via Zoom. January's topic may well take us down memory lane a bit: **How did your childhood friend influence your life?** I'll enjoy thinking about my childhood and my best friend(s) and I look forward to hearing what influences your best friend had on your life. If you are not on the Women's Discussion Group email list and would like to be, contact Susan Roberts at landfall2@mindspring.com or 843-217-1885.

Book Club

Our January book club selection is an oldie but goodie - Tuesdays With Morrie by Mitch Albom. Come join us for the discussion on Monday, January 11 at 4 pm in Pat Harms' beautiful backyard on Calico Creek. We will have Zoom as a backup if the weather doesn't cooperate.



Mental Health Family Support Group

The Mental Health Family Support Group is meeting at a new time!



This weekly group is an opportunity to share experiences and challenges of having family members or friends who live with mental illness. Meetings are online (using the videoconferencing platform Zoom) on **Wednesday afternoons from 2:30 to 4:00**. If you would like to join these virtual meetings or would like more information, please contact Rev. Sally at 252-622-1978 or at ucfministernew@gmail.com.

Green Tip

This year think about making a sustainable new year's resolution. Make it simple so that it's easy to accomplish. For example, turn out the light when you leave the room, turn off the faucet when you are brushing your teeth or turn your thermostat down a degree or two at night and sleep with an extra blanket.

Have a safe and happy new year!



New Member

Tom Wentworth recently retired as Professor Emeritus in the Department of Plant and Microbial Biology at NC State University, where he taught for over forty-two years. He holds a BA degree from Dartmouth College and a PhD degree from Cornell University. Tom has shared his knowledge of the flora and vegetation of the southeast with thousands of students through field trips for his ecology courses at NC State and for field courses offered through the Highlands Biological Station. With Dr. Stephanie Jeffries,



he is co-author of *Exploring Southern Appalachian Forests: An Ecological Guide to 30 Great Hikes in the Carolinas, Georgia, Tennessee, and Virginia* (University of North Carolina Press, 2014). Tom has served in many professional service capacities and Tom recently collaborated with a diverse group of plant scientists to create the Plant Science Decadal Vision 2020-2030, with the goal of "Reimagining Plants for a Sustainable Future."

Tom, and his wife Linda, recently downsized from their property in Raleigh to a small retirement apartment there and in the near term, they have moved to their Beaufort home with their five boats and several cats! They had visited UCF several times over the years and enjoyed the friendliness and caring community of our congregation as well as Rev. Sally's sermons. In the early fall they transferred their membership from the Eno River UU Fellowship to UCF. Tom has already joined the Green Sanctuary Committee and we look forward to some wonderful local hikes with him after the Pandemic. I thoroughly enjoyed my more than two-hour long interview with Tom and I am sure you will enjoy getting to know him too! Welcome to UCF Tom and Linda!

January 2021

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
					1	2
3 10:30 Worship Service	4 6pm Guided Meditation Group	5	6 12:30pm Women's Grp 2:30pm MHFSGroup	7 10 AM Leader-ship Council Meeting	8 10 am Green Sanctuary	9
10 10:30 Worship Service	11 4 pm Book Club 6pm Guided Meditation Group	12 9am Finance CTTE	13 2:30pm Mental Health Family Support Group	14	15	16
17 10:30 Worship Service	18 6pm Guided Meditation Group	19	20 2:30pm Mental Health Family support Group	21	22	23
24 10:30 Worship Service	25 6pm Guided Meditation Group	26	27 2:30pm Mental Health Family support Group	28	29	30
						NOTE: All meetings are via ZOOM unless stated otherwise.

How lucky I
am to have
something
that makes
saying goodbye
so hard.



Contact Us

Unitarian Coastal Fellowship

252-240-2283

UNITARIAN COASTAL FELLOWSHIP

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And Barb Thomas bsthomas2@gmail.com

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And Holly Rogers hollyer54@yahoo.com

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