

October 2020

OUR VISION STATEMENT

Our congregation's vision is to be a visible presence in the community, growing a just world through spiritual enrichment, compassionate action, and free religious inquiry.

A WELCOMING CONGREGATION

We are an intentionally diverse community welcoming of an enriched by people of varying cultures, economic and ethnic backgrounds; by people of varying sexual orientations, gender identities and family compositions; by people of all races, ages and beliefs.

UPCOMING EVENTS

Oct 1: 10 am Leadership Council Meeting

Oct 2, 9, 16: 10am—12N “How To Be An Antiracist” Book Study Group

Oct 5, 12: 2pm-4pm “How To Be An Antiracist” Book Study Group

Oct 7, 14: 6pm-8pm “How To Be An Antiracist” Book Study Group

Each Monday: 6pm Meditation Class
6:30PM Guided Meditation

Unitarian Coastal Fellowship

Members:

Thank you very much for the generous donation of \$1128.00 to support our Down East Food Pantry. You have no idea how much of a blessing you are to those in need. We could not continue this “mission” if it wasn’t for those like you that give so much. Please let your group know that they “make a difference.” May the Lord prosper you in all you do!

With Blessings, Joyce Gaskill
Lighthouse Community Church



October Reflections from Sally

Those of you who joined our worship service on September 27 had a chance to see and hear our Pastoral Care team members share their reflections on coping in this time of turmoil. The depth and breadth of their experience; their openness and willingness to share equip them to see you, hear you, be with you in times of life crises or times when you need someone to listen, to witness what you are experiencing, to celebrate with, or to help you figure out what comes next.

Some of you may have been surprised – may not have known who our Pastoral Care Team members were, or even that we have such a team for you to call upon. This may be, in part, because of the Team's care for confidentiality – what we call a caring but quiet ministry to individuals and families. What you discuss with a Pastoral listener stays with that listener.

We will, of course, let you know when we hear evidence of danger to you or to another person, and help you to make a plan to keep everyone safe.

Each month, we will post a short "Pastoral Care Tip" in this newsletter, along with our contact information. We are here when you need us. Call on us. Call or email or text us. We will see you, hear you, be with you.

And if you feel called to serve as a member of the team, please contact me and we will talk.

***Blessings on you.
Be safe, and be well.***

Pastoral Care Tip for October

The UCF Pastoral Care Team is here when you need us!

Call on us. Call or email or text us. We will see you, hear you, be with you.

Our Pastoral Care Team members are:

Helene Kelly 252-269-0775 or helenekelly1@gmail.com

Holly Rogers 509-607-2055 or hollyer54@yahoo.com

Joan Burton 201-669-1519 or Ldybg223@aol.com

Kate Reavis 910-358-2034 or katereavis@yahoo.com

Terri Thomas 252-314-4110 or terriethomas00@gmail.com

Rev. Sally White 252-622-1978 or sb.white@earthlink.net
or ucfministernew@gmail.com

President's Column

Happy October My Friends,

Do you remember when we began looking for a new home almost four years ago? We looked for land from one end of the county to the other on which to build. That didn't work out; so, we regrouped and tried to purchase a building. That plan was thwarted by a nasty hurricane. It was a roller coaster ride. All the while, this wonderful congregation continued pledging to the Capital Campaign, faithful that their dreams for a new home would materialize if we persevered. Then, one day out of the blue, our member Harriet Altman steered us to a location that was perfect for us. It offered us an excellent price and a prime location with the visibility consistent with our Vision Statement. It offered us the prospect of a spacious sanctuary with plenty of parking and even multiple restrooms (lol), plus an additional Sunday School building for meeting rooms, offices, and Religious Education space. We went to work. We chartered a New Building Team to make the vision we had for our new home become reality. Our gratitude cannot be measured for their continuing work. What's more, this congregation took the leap of faith to sell our beloved 1300 Evans St., the sale of which was closed on September 22nd and the proceeds added to our Building Fund. Now, the time has come.

THE TIME HAS COME for the Board of Trustees and the New Building Team to present the design for our new sanctuary.

THE TIME HAS COME for the Board of Trustees to present solid numbers for how much money is required to pay for our new sanctuary.

THE TIME HAS COME for all of us to determine whether we want to commit to raising the money we need to go the distance, while also sustaining UCF's financial security.

I hope you will plan to attend the **Coffee with the Board after the Sunday Service on October 4th**. Everyone's voice is important.

All the best to you!

Melva

Thoughts From Susan Fetzner, New Vice President

How did I get myself into this? Why did I say yes? Haven't I done enough already? These are just a few of the questions I've asked myself in the past few days. Here's why I've been asking myself all these questions.

A few weeks ago, Guerry Willis told the Board of Trustees that she would resign as Vice President to be able to focus more on New Building Team responsibilities and on her health. Guerry has been so dedicated as co-chair of the New Building Team and also was willing to serve as Vice President for a 2 year term then as President! I will miss her insight and her background in participatory management. I'm in awe of all that she knows about working with contractors, planning boards, and realtors. I'll be calling Guerry for advice!

I have agreed to be appointed by the Board of Trustees to the Vice President's position. Our bylaws state that vacancies are to be filled by Board appointment until the next Annual Meeting. I was elected to be Leadership Council Trustee in June 2020, so there is now a vacancy on the Board that needs to be filled by appointment until the next Annual Meeting.

So, why did I say yes? In my 40 years as a member of UCF, I've been President of the Board of UCF three times, Vice President a couple of times, and on multiple committees—including Religious Education, Finance, Worship, Search Committee, Committee on Ministry. I'm the only founding member still in the congregation.

I've gained more than I've ever given to UCF by serving. Being a church leader for me has been spiritual. I've tried new roles, knowing that I'll be supported—that others will step up to guide me, to console me when I make a mistake, to tell me if I'm doing a good job. All of us at UCF have the same goal—to see the church succeed. It's so different from trying something new when I was working for a paycheck—when someone might be waiting for me to mess up, to laugh at my mistake, or just wanting to get a check and go home—not to make changes.

While serving my church, I've seen UCF grow from a small group meeting in a living room to one that is building a larger building, from lay-led services to a full-time minister, to becoming a congregation that is seeking to be even more welcoming and to serving the community in even more ways. This congregation feeds my soul.

So.....there's the answers to my questions. I get myself into these things because I have more to gain than to lose. I say yes because it feels good to serve UCF. What I've done already isn't enough; I can do more.

Worship Services

October Worship:

10:30am Sunday mornings by Zoom

Log-in information is in each week's Saturday UCF Update

Or email Marilynn Cullison at mscullison@gmail.com



October 4: **#VoteLove and #DefeatHate.** In this election season, Universalists are answering the call of our faith, building powerful partnerships to mobilize our communities to #VoteLove and #DefeatHate in the 2020 elections. This morning, we join UUA President Susan Frederick-Gray, the UU the Vote team, and a lineup of powerful, prophetic UU voices to explore the intersections of faith, justice, and democracy in a collective virtual worship service.

October 11: **The Power of Our Stories** Narrative psychology research suggests the stories we tell ourselves play a large role in who we are. Neuroscientist Damasio explains "Consciousness begins when the brain gains the power... of telling a story". Jaki Shelton Green, North Carolina Poet Laureate will present a perspective and meditation on the importance of our stories, past and present, as they have and do shape our lives.

October 18: **Joy Is an Act of Resistance.** "Joy Is an Act of Resistance," the title of a poem by Toi Derricotte, offers us a glimpse of possibility and of challenge. How can we seek joy, practice joy, spread joy as a way of resisting the temptation to slide into sadness, anger, or despair? This morning, let us choose joy!

October 25: **Hope Is Not a Plan.** When it comes to facing the unknown or the unwanted, we often default to "hope" – a wish, really, that things – the weather, our health, the election, our personal or our collective future – will go the way we want them to. Psychologists and change leaders know that hope is essential for finding a way forward – but hope alone is not enough. Planning grounds our hope in action; hope gives our plans wings. Today, we will consider both.



Jaki Shelton Green, a North Carolina native, is a writer and poet whose publications include *breath of the song*, *Dead on Arrival* and 6 other poetry collections. Her post- Dorian poem, “Love Letter to Ocracoke”, touches all of us who love that Island. Her work has appeared in publications such as *Essence* and *Ms.* and in over eighty anthologies.

Jaki is the first African American and third woman to be appointed, 2009, as NC Poet Laureate. Governor Cooper stated she “brings a deep appreciation of our state’s diverse communities to her role as ambassador of North Carolina Literature”

Jaki’s numerous awards include:

2003, the NC Award for Literature, the state’s highest civilian honor for significant contributions to NC and the nation in fine arts, literature, public service, and science.

2007 Sam Ragan Award for Contributions to NC Fine Arts.

2014 NC Literary Hall of Fame inductee.

2016 Lenoir-Rhyne University Writer-in-Residence and recipient of Kathryn H Wallace Award for Artists in Community Service.

2018 NC Literary and Historical Association R Hunt Parker Award.

2020 Shaw Univ. Ella Baker Women Who Lead Award.

On Juneteenth 2020, she released her first LP poetry album, *The River Speaks of Thirst*.

And in 2021, she will be Frank B. Hanes Writer in Residence at UNC-Chapel Hill.

Jaki is the owner of [SistaWRITE](#), and provides US and international writing retreats and travel excursions for women writers through *Dream Yourself Awake* and *Vertikal Creative Ventures*. Her varied collegiate and professional experiences include everything from teaching Documentary Poetry at the Duke University Center for Documentary Studies, currently, to the Alhambra Cultural Center in Marrakech, Morocco!

Jaki will be our guest presenter on Sunday, October 11, at 10:30. She will explore *The Power of our Stories* and how they can connect us to our immediate community as well as to our collective humanity. She will also read and talk with the children at 10 am. Jaki is a former student and friend, and I am delighted that UCF will welcome her.

Children's Religious Education And Worship

Holidays –Fall is here with many holidays coming around the corner with lightning speed we will find ourselves going in many different directions with our children. Halloween is a time of great excitement for many children. Pumpkins to carve, candy to collect from houses, decorating your homes, costumes of ghosts, goblins, princesses, super heroes, and many more. Because of COVID and social distancing this year things may look different for many families. In our family we are doing something different. We are having a scavenger hunt around our home to make sure we are a bit safer. The girls were part of this decision and are very excited about hunting and search, figuring out clues and dressing up. I hope your family stays safe during the Halloween season.

Stories for All Ages has been going well with fellowship members and friends reading every Sunday. I would love to have more children join us on Sunday morning at 10:00 to listen to the stories.

For the following weeks we have these readers:

October 4	Jill Sutherland
October 11	Sarah Sutherland
October 18	Open
October 25	Open

The month of October has two weeks that are open for sign up. If you would like to read to the children, please drop Sarah Sutherland an email at ucf.re.sarah@gmail.com and let her know the date and book you will be reading. After the story there is time for conversation with everyone. Anyone can log in and listen to the story. The log in information is a recurring meeting

Topic: Children's Story Time

Time: This is a recurring meeting Meet anytime

Join Zoom Meeting

<https://us02web.zoom.us/j/83246447494>

Meeting ID: 832 4644 7494

One tap mobile

+19292056099,,83246447494# US (New York)

+13017158592,,83246447494# US (Germantown)

Dial by your location

+1 929 205 6099 US (New York)

+1 301 715 8592 US (Germantown)

+1 312 626 6799 US (Chicago)

+1 669 900 6833 US (San Jose)

+1 253 215 8782 US (Tacoma)

+1 346 248 7799 US (Houston)

Meeting ID: 832 4644 7494

Find your local number: <https://us02web.zoom.us/u/kbNdwZiVRj44>

Take care, stay healthy, and enjoy these fall days,

Sarah Sutherland

Children's Religious Education Administrator

UU101 on Zoom in

October!

Are you interested in knowing more about Unitarian Universalism? Want to learn about the Unitarian Coastal Fellowship and how we fit into that larger picture? Would you like a chance to retrace the spiritual journey that led you here, and to hear about the journeys of others? Then join us for a two-session “UU 101” class **on Zoom**, after our Zoom service on **Sundays October 18 and 25**. This class is perfect for those who are considering joining our congregation – and for those who have been around a while and want to know more. Sessions will begin at noon and end around 1:00pm. Please register in advance.

The first session will include getting acquainted with each other: who we are, what has brought us to UCF, what we are looking for in a spiritual community. We will talk a little about the history and the structure of UCF and of the larger Unitarian Universalist movement of which we are a part, and about how you might want become involved in this congregation in addition to Sunday worship.

The second session is an overview of Unitarian Universalist history, considering the perspectives of theology, polity (or governance) and social action.

Adult RE

The Meditation Group

The Meditation Group has added a short class every Monday before the guided meditation. It starts at 6PM. Various topics relating to Meditation will be covered—a different topic each week. Guided Meditation begins at 6:30 PM. Everyone is welcome, whether you have just begun to meditate or if you have been meditating for a long time. You may come to either or both, it is up to you. If you want to only participate in the meditation please log in by 6:30PM For Zoom link or other information regarding the guided meditations contact: Vicki Barrett at vlbarrett142@gmail.com



Social Action

Across our country, natural disasters continue to cause catastrophic damage and loss. Our neighbors in Bertie County saw damages from a tornado spawned by Tropical Storm Isaias. The west coast is battling massive wildfires, parts of Iowa are devastated by a 700-mile thunderstorm complex known as a derecho and Hurricane Laura, a category 4 hurricane, caused destruction in SW Louisiana and SE Texas.

The organizations listed below are only a few of the multiple organizations working to support frontline recovery and resiliency efforts focused on vulnerable and marginalized individuals, families and communities. If your personal situation allows, please consider making donations to organizations helping vulnerable populations through community-led, grass roots efforts.

As with any donation, make sure to research any organization before donating to be sure its goals and practices align with your values and beliefs.

Tornadoes in Bertie County, NC

Over 200 homes damaged, 14 injuries and 2 fatalities were caused by a tornado spawned by Tropical Storm Isaias. The tornado caused a path of destruction 600 yards wide and 10 miles long in the Cedar Landing Community of Bertie County. Bertie County established a fund to help those impacted by the tornado and 100% of the donations will be used to provide food, temporary housing, and personal assistance. Monetary donations can be mailed to Bertie County ATTN: Cedar Landing Tornado, PO Box 530, Windsor, NC 27983.

West Coast Wildfires

The California Fire Foundation has a variety of programs that assist victims, firefighters and communities including the program, Supplying Aid to Victims of Emergency (SAVE). This program helps provide immediate short-term relief by having firefighters provide SAVE gift cards, valued at \$250, directly in the hands of disaster victims.

<https://www.cafirefoundation.org/programs/wildfire-relief-programs/>

Unete, an Oregon-based advocacy organization for immigrants, is collecting donations and will distribute money directly to families to help with basic needs.

<http://uneteoregon.org/>

Oregon Community Foundation created the Community Rebuilding Fund to support long-term recovery efforts.

<https://oregoncf.org/oregon-wildfire-relief-recovery/community-rebuilding-fund/>

Social Action

Hurricane Laura

The following Black and Indigenous organizations are on the frontlines of the recovery efforts associated with Hurricane Laura. Donations can be made at the following links and/or checks can be mailed to the addresses listed for the last two organizations.

[Carrizo Comecrudo Tribe](#), TX

[Community In-Power and Development Inc \(CIDA\)](#), TX

[Texas Environmental Justice Advocacy Services \(TEJAS\)](#), TX

[United Houma Nation](#), LA

[Zion Travellers Community Cooperative](#), LA

Mail checks made out to:

Zion Travelers Cooperative

PO Box 1468

Braithwaite LA 70040

[Bayou Interfaith Shared Community Organizing \(BISCO\)](#), LA

Mail checks made out to:

BISCO

800 High St.

Houma, LA 70360

UUA Disaster Relief Fund

Our community has seen firsthand how the UUA Disaster Relief Fund assists in frontline recovery and resiliency efforts. UCF has received a total of \$55,000 from the UUA Disaster Relief Fund to help with Hurricane Florence rebuilding efforts and food insecurities associated with COVID-19.

Donations to this fund can be made at <https://www.uua.org/giving/areas-support/funds/disaster-response>

SOCIAL ACTION COMMITTEE

VOTING INFORMATION

VOTING BY MAIL (ABSENTEE): If you are planning to vote by mail, you can download your Absentee Ballot Request form now at this website: https://www.carteretcountync.gov/DocumentCenter/View/8717/2020_Absentee_Request_Form_v2?bidId=. You can fill out the ballot request online and then print and sign it. You can then mail it, scan and email it, fax it, or hand deliver to the Carteret County Board of Elections in Beaufort. Absentee ballots are being sent out now and can be filled out and mailed or hand delivered to the Board of Elections any time. Be sure to follow the directions on the envelope carefully before mailing. You must sign the envelope and have a witness sign it as well. There is plenty of time for even the slow US mail but don't wait until the last minute if you are mailing! The last day to request an Absentee Ballot is Oct. 27th and if you mail it, it must be postmarked by Election Day, Nov. 3rd. You can track your absentee ballot at BallotTrax: <https://northcarolina.ballottrax.net/voter/>.

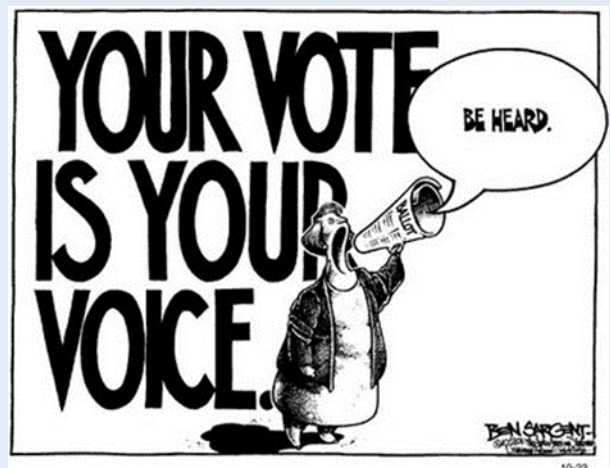
EARLY VOTING: Early voting starts on October 15th and continues until October 31st. The Early Voting sites will be open from 8:00 AM to 7:30 PM every day except Sundays and October 31st when they will only be open from 8:00 AM to 3:00 PM. **You can vote at any of the following Early Voting Sites:**

Board of Elections Office (1702 Live Oak St, Beaufort)
Morehead City Parks and Recreation Building, (1600 Fisher St, Morehead City)
Fort Benjamin Park, (100 McQueen Ave, Newport)
Western Park, (275 Old Highway 58, Cedar Point)

ELECTION DAY VOTING:

On Election Day, Nov. 3rd, you must vote at your own precinct polling place. If you don't know or aren't sure where that is, go to this website: <https://vt.ncsbe.gov/RegLkup/>, fill out the form and search. You will be able to check to be sure your voter registration is still active. Then, if you click on your name, you will come to a page where you can view or print a sample of your ballot and also see where your Election Day polling place is.

VOTING INFO: If you have any questions about how to vote, when to vote, or who to vote for, here are two very informational websites to visit: Vote.org and Vote411.org Both can provide specific information on voter registration and voting. Vote411 also lists the candidates that will be on your ballot along with their answers to questions about the position they are running for.



UCF Women's Group

Our next Women's Discussion Group will be Wednesday, October 7 from 12:30 to 1:30 via Zoom. Get your lunch ready and your computer fired up and join us for a timely and interesting discussion. It's your chance to change the world (well, at least in our imaginations). Our topic for October is **If you could change one thing in the world, what would it be?** Choose carefully, as you can only pick one! I'm really looking forward to hearing your suggestions! If you are not on the Women's Discussion Group email list and would like to be, contact Susan Roberts at landfall2@mindspring.com or 843-217-1885.



Book Club



ATTENTION READERS AND CODE BREAKERS! Our September book has been moved to October. Come join us on Monday, October 12 at 4 pm in Pat Harms' beautiful backyard on Calico Creek for our upcoming UCF Book Club discussion. We will be reading and talking about *Code Talker* by Chester Nez. It is the story of the Navajo Marine recruits who during WWII created the only unbroken code in modern warfare. We will have Zoom as a backup if the weather doesn't cooperate.

Mental Health Family Support Group



The Mental Health Family Support Group is an opportunity to share experiences and challenges of having family members or friends who live with mental illness. This group meets online (using the video conferencing platform Zoom) on Wednesday mornings from 10:30am to noon at the church. If you would like to join these virtual meetings or would like more information, please contact Rev. Sally at 252-622-1978.

New Member



Welcome, Linda Rudd, a Unitarian since the early 1980s and recent new member at Unitarian Coastal Fellowship. She and her husband (since 1992), Tom Wentworth might be familiar faces to those participating in our Sunday worship services via Zoom. Her belief in the power of love, in all forms, and in the importance of respect and consideration for all other living beings, may well have sprung from her grandfather, a resident of Maine and a Unitarian.

Widowed in 1986 with two daughters, Addie and Beth, Linda continued an active professional career that included positions as a clinical microbiologist in the hospital setting; laboratory supervisor at NC State University and a science writer and editor. Her educational background

(BA in Microbiology from Ohio Wesleyan University; MS in Science Communication from NCSU) and work experience left her well suited for working part time with the NC Natural Heritage Program as a writer/editor and work on special projects as needed, in retirement. Linda also enjoys reading, knitting, quilting, gardening and home canning as hobbies.

Daughter Addie, her husband and daughter live in Indianapolis where as an Impressionist artist, she teaches and creates art in her own studio. Linda's granddaughter, Emmaline is 14 and LOVES SUUSI, which they all attend every year. Beth lives in Raleigh, is learning disabled, lives in her own condo and works in the service sector.

Linda's first imperative is to live a moral life of love and service while drawing from the earth-centered tradition, believing as long as it harms none, do as you will. She strives to live a life filled with joy, love, compassion, honesty, and community while relying on in our personal intellectual and emotional resources, and each other. We are delighted you have chosen UCF as a place to support and nurture these gifts you bring to our family.

New Member

Meganne Smith, known to most all of us for the music she provides to our congregation, has been a long-time resident of Carteret and Onslow Counties. She resided elsewhere while attending UNC (Chapel Hill) and spent a year and a half traveling the United States and living in a camper. She returned to Carteret County to teach and raise her family of three teenage daughters (including a set of identical twins). With a lengthy career as a middle school English teacher behind her, she now teaches at Craven Community College and provides private piano instruction.

Meganne attended Silvercreek Freewill Baptist Church, enjoying the personal connections with that small community, and played piano there for over eight years eventually as her beliefs and practices changed, she began to seek other spiritual avenues and groups. Lucky for us, a good friend told her of UCF which she visited and felt it a place she could “freely explore and grow spiritually”.

Meganne reached out (to Ann Odell) with an offer to be a substitute pianist, and when Ann relocated, she agreed to jump in with both feet—with some encouragement from Rev. Sally. Meganne’s own words sum up her experience the best: *“I thoroughly love playing the piano (and sometimes the flute) for the congregation. I have learned so much music, I have cried tears of joy and sorrow during our songs and services, I have had wonderful weekends at choir events. I also joined the Social Action Committee, and I am so inspired by all the work...and the heart it has for people in our community and beyond. I look forward to so many more years and adventures with UCF.”* So do we, Meganne.



News of UUs

Joys and Sorrows

August 30, 2020 *Barbara Bergman's granddaughter, Summer, whose father, Leo; half-brother, Tom; and Leo's caretaker died in a wildfire in California*

September 6, 2020 *Hilary Schultz, is mourning the death this week of Janine Wurm, an old and close friend from Army days. Our prayers go out, as well, to Janine's family in Kansas.*

Helene Kelly – mourning her little dog Ole. Ole never weighed more than 3 pounds, but she was an important spirit being, who was in Helene's life for 14 years. Helene is stunned by depth of the grief that comes from losing such a loyal and loving companion.

Sarah Sutherland is being treated for osteoarthritis and spinal nerve pain, with mixed results.

The Naset Family would appreciate healing thoughts, strength and Peace...

For Martha's sister Barb who underwent successful surgery for breast cancer. Pathology margins were clear. Following reconstructive surgery and healing no further treatment is anticipated.

For Martha's brother Joe who also underwent surgery for a brain tumor. Pathology reports show glioblastoma – an aggressive type of cancer. Home health therapy for Physical and Occupational therapy have started; radiation and oral chemo will be starting.

Dan Phillips – minor stroke caused by brain bleed. Dan is home with lingering effects on right side, but doing better. Will follow up with doctors.

Christina Berner broke bones in leg, ankle, and foot. Needs food and company.

September 13, 2020

The family and friends of Janis Williams. Janis died unexpectedly this week. Janis was Ron White's ex-wife, a former member and a long-time friend of UCF. She had many close friends in this congregation and in the community. Memorial service arrangements are incomplete; we will keep you informed.

Two Joys for the Mroch Family

Ryan Mroch, who earned his Eagle Scout rank, and is now working on a congressional award.

Amelia Mroch, who earned her Religion in Life emblem and is getting ready to cross over from Cub Scouts to Scouts.

News of UU's

Joys and Sorrows

September 20, 2020

Three joys from Tom and Guerry Willis:

We are joyful that, as bad as Tom looks, his accident last weekend resulted in bruises only. He's truly hard headed!

We are joyful to be celebrating MacDuff's sweet 16 today. He's an amazing pup

We are joyful to welcome our great niece Marlowe Dean Willis into this world. She's the second girl to be born to Tom's grandfather, Captain Pete Willis' line in 40 years and only the third in over 100 years! Go girl.



September 27, 2020

all – known to us and unknown – who are struggling.

We hold Miriam Green and her sister Laura Ward, whose brother BR died Thursday. Miriam was able to be with him in his last hours. Miriam and Laura would appreciate cards, emails, or phone calls.

Steven Daniel's aunt, Tina Gilchrist, passed evening of 9/22. Nice lady. She will be missed .

We hold local surveyor James Simmons, who surveyed our new church property. He and his family have been experiencing personal and professional challenges, and things are beginning to improve. They would appreciate our prayers. A card would be appreciated; Nan Reed has the address.

all who serve to comfort the suffering; to support the struggling; to work for justice; to practice kindness.

Carol Corwell's brother, James, a police officer. Carol is holding love, concern and hope for his safety

October 2020

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
				1 10 AM Leadership Council .Meeting	2 10AM—12N How to Be an Anti-racist Book Study	3
4 10 am Children's Story 10:00 Worship Service Coffee with the BOT	5 2—4pm How to Be an Antiracist Book Study 6pm Guided Meditation Group	6	7 10:30-N Mental Health Family Support Group 6—8 pm How to Be an Antiracist Book Study	8	9 10AM—12N How to Be an Anti-racist Book Study	10
11 10 am Children's Story Time 10:00 Worship Service	12 2—4pm How to Be an Antiracist Book Study 4 PM Book Club 6pm Guided	13	14 10:30-N MHFS Grp 6—8pm How to Be An Antiracist Book Study	15	16 10AM—12N How to Be an Anti-racist Book Study	17
18 10 am Children's Story Time 10:00 Worship Service	19 6pm Guided Meditation Group	20	21 10:30-N Mental Health Family support Grp	22	23	24
25 10 am Children's Story Time 10:00 Worship Service	26 6pm Guided Meditation Group	27	28 10:30-N Mental Health Family support Grp	29	30	31
NOTE: All meetings are via ZOOM unless stated otherwise stated						

October Green Tip

As you are organizing your closets and prepare for the cooler weather remember to donate unwanted clothes and other items to a local charity. In the United States about 21 billion pounds of textile waste is throw away each year. Clothes that are too worn to donate can be recycled. Check online for places to donate old jeans, sneakers, bras, socks, and other worn out clothing. A great website to check out is:



How lucky I
am to have
something
that makes
saying goodbye
so hard.



Contact Us

Unitarian Coastal Fellowship

252-240-2283

UNITARIAN COASTAL FELLOWSHIP

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Morehead City, NC 28557

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And Barb Thomas bsthomas2@gmail.com

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And Holly Rogers hollyer54@yahoo.com

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RE, Adults: Vicki Barrett vlbarrett142@gmail.com

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Newsletter: Vicki Barrett ucfofficeassistant@gmail.com