

March 2021

OUR COASTLINE

Official Newsletter of the Unitarian Coastal Fellowship
Morehead City, NC



March Reflections from Sally

The COVID pandemic offers us a reminder that life is precious, and fragile, and unpredictable.

Let us take this to heart. Let us resolve never to take loved ones or our friends for granted – instead, let us take *them* to heart – to our hearts. Let us tell them we care about them; have those conversations we’ve been wanting to have; reach out and connect now, instead of putting off that phone call, that email, that handwritten note.

Let us resolve to live each day as fully as we are able. It is tempting to wish that spring would come, that COVID would be vanquished, that we could move around freely. But every day is a blessing – even the cold and rainy ones, even the waiting-for-your-vaccine ones, even the lonely ones – and even these days will not come again. A wise person I know makes a practice of doing “one fun thing a day.” It is a practice worth cultivating!

I am trying to practice what I preach here, as the days of my ministry with you steadily count down. Are there conversations we’ve been wanting to have – or conversations we *need* to have? Are there walks we’d like take? Questions we haven’t yet asked – or answered? Are there fun things we’ve been meaning to do? Now is the time. Now is the only time.

Let’s talk. Let’s walk. Let’s seize this day.

***Blessings on you, and on all that is your life.
Be safe, and be well.
Sally***

OUR VISION STATEMENT

Our congregation’s vision is to be a visible presence in the community, growing a just world through spiritual enrichment, compassionate action, and free religious inquiry.

A WELCOMING CONGREGATION

We are an intentionally diverse community welcoming of an enriched by people of varying cultures, economic and ethnic backgrounds; by people of varying sexual orientations, gender identities and family compositions; by people of all races, ages and beliefs.

PRESIDENT'S COLUMN

Hello My Friends!

Happy March! Please allow me to update you on a variety of Board business. First, now that the contract with Smithson Builders is signed, the old sanctuary building at 2900 Bridges St. will be demolished and all that awful asbestos and mold will be eradicated from our campus. Yay! Furthermore, it is time to charter a Furnishings/Finishing Taskforce to prepare to outfit our buildings with everything needed for occupying our new home. There is a call for volunteers in this newsletter.

Second, the interim ministry search process has begun with the charter of UCF's Interim Minister Search Committee. Tom Cullison, Jo Ellen Essex, and Barb Thomas have agreed to serve; I will serve as the Board Trustee/Liaison. To begin, a chair will be chosen and a covenant created. Shortly after that, a Zoom question and answer session will be scheduled with the UUA Transition Office. Then, each committee member will compose a comprehensive profile of our Fellowship that includes who we currently are and the future we want for our Fellowship. I will keep you informed about the committee's progress in a monthly newsletter column entitled INTERIM SEARCH COMMITTEE NEWS, beginning next month. If mid-month announcements are warranted, they will also be made.

Third, the Board and the Leadership Council will soon be asking for your participation in Constructive Conversations with the Congregation. Final plans are being made for the rollout of this important step in UCF's strategic planning process. Each of you will be called to participate in two 40-60-minute Zoom focus groups that represent interest areas in the Fellowship. These Conversations will lead to plans that reflect the congregation's wishes for the future. Soon, you will receive an email with a list of seven interest areas. You will be asked to rate those 7 areas from 1-7 according to your level of interest. Your response will help us place you in the 2 best focus groups for you. Please keep an eye out for that email and return it as soon as possible.

Fourth, because the Board strives to keep the congregation informed, there will be a new column entitled BOARD BUSINESS, starting next month. In this column, details of new and continuing business and the Board's meeting schedule will be shared with you. As always, please feel free to contact me at melva.kearney@gmail.com, if you have any questions or comments.

All the best!

Melva



March Worship Services

10:30am Sunday mornings by Zoom

Log-in information is in each week's Saturday UCF Update

Or email Marilyn Cullison at mscullison@gmail.com

March 7: Lighting Our Way Home. Each year, members and friends of the Unitarian Coastal Fellowship pledge freely and generously to fund the life and the ministry of this congregation. In the fiscal year 2021-22, UCF will move into a new building – a larger, more visible, more flexible home for operations, programs, outreach, and service. The 21-22 pledge drive begins today, and this morning's service will inspire you to reflect on the ways that UCF's many ministries bring great value to your life and the lives of others, and on what YOU have to offer to support and sustain UCF.



March 14: Hope. Faith and hope and love are three virtues. Hope is the one that carries us forward, that imagines a future that is different from the past and the present. We know that hope is not a plan – but hope can inspire and guide our plans and our dreams. How do we sustain hope, and how does hope sustain us?



March 21: Spring Equinox - Sarah Sutherland is leading this service
In the Northern Hemisphere, Vernal Equinox occurs around March 21 when day and night are of equal length, marking the start of spring. This is said to represent a period of struggle between darkness and light, and the many images and symbols of Spring Equinox speak of our rejuvenation, awakening, and our coming out of winter's hibernation with energy and enthusiasm for what comes next.



March 28: Passover. The great Jewish springtime celebration of liberation from slavery in Egypt and freedom from oppression begins at sundown on Saturday, March 27. This morning we, too, will consider the price and the blessings of freedom and the ways in which ritual and storytelling keep ancient lessons alive in our hearts, our minds, and our communities.



The UCF Pastoral Care Team is here when you need us!

Call on us. Call or email or text us.
We will see you, hear you, be with you.

Chair: Kate Reavis 910-358-2034 or katereavis@yahoo.com
Helene Kelly 252-269-0775 or helenekelly1@gmail.com
Holly Rogers 509-607-2055 or hollyer54@yahoo.com
Joan Burton 201-669-1519 or Ldybg223@aol.com
Terri Thomas 252-314-4110 or territhomas00@gmail.com
Rev. Sally White 252-622-1978 or sb.white@earthlink.net or ucfministernew@gmail.com



Pastoral Care Tips for March

- Stay as positive as you can and be as grateful as you can for what you have every day to continue to survive this pandemic.
- Hold compassion for yourself in times when staying positive is not within your grasp.
- Be kind and thoughtful of your neighbors who may be in need and do not want to ask.

March Green Tip:

Environmentally aware dog and cat owners face a unique disposal problem – pet waste. A couple of options can help: Sir Wagginton's for dogs and Yesterday's News for cats. At <https://sirwaggingtons.com>, you can buy plastic-free biodegradable doggie waste bags made of cornstarch. According to the company, they can be composted or placed in the garbage (without being placed in the plastic can liner). Yesterday's News is a pelleted cat litter made from recycled newspaper that can be buried or placed in a biodegradable trash bag. I've used the litter for several years and have heard no complaints from our cats!



Mental Health Family Support Group

The Mental Health Family Support Group is meeting at a new time!

This weekly group is an opportunity to share experiences and challenges of having family members or friends who live with mental illness. Meetings are online (using the videoconferencing platform Zoom) on **Wednesday afternoons from 2:30 to 4:00**. If you would like to join these virtual meetings or would like more information, please contact Rev. Sally at 252-622-1978 or at ucfministernew@gmail.com.

Children's Religious Education and Worship



In this story Janeen Grohsmeyer teaches us how friends help other friends learn how to do things that they have never done before. As the third principle tells us *We're Free to Learn Together.* *There have been many instances that we, as a fellowship, and in our Sunday School programs have "learned together." One being through the process of building our new church and sharing the knowledge one has to give to another. Two, when Pam Holliday came into our Chalice Program and taught the children and youth how to make their own clay chalices that they could take home. The older children were helping the younger children shape the chalices. Let us continue "learning together" throughout our lifetime and read about our third principle.*

Third Principle – We're Free to Learn Together

The Rooster Who Learned to Crow

By: Janeen K. Grohsmeyer

There was once a farm in a valley that was practically perfect in every way, except that it had no rooster to crow at the crack of dawn, and so everyone was always late getting out of bed. The dog never woke up in time to fetch the newspaper for the farmer. The farmer never woke up in time to milk the cows before the sun rose. The cows never woke up in time to eat the grass when it was still a wet with the morning dew, which is when it is most tasty. Everyone was always late to the farm, and so everyone was always a bit cranky in the morning, and sometimes that crankiness lasted all day.

Until one day, a chicken arrived at the farm. Everyone was excited because she had four little yellow balls of fluff peeping and cheeping behind her. "Uh, pardon me, Mrs. Chicken," snuffled the pig, who was always exceedingly polite. "But would one of your chicks there happen to be, that is, might one be, a he?"

"Why, yes," answered Mrs. Chicken, and she pointed with the tip of her wing to the last chick in line. "That's my son."

"A rooster chicken!" squealed the youngest of the lambs, and all the other animals squealed (or whinnied or quacked or oinked), too. "We won't be late anymore! We have a rooster on the farm!"

But they didn't. Not yet. They had to wait for the chicks to grow up. And grow they did, from little yellow balls of fluff with legs to bigger yellow balls of fluff with legs. As the days passed, all the young chickens grew fine white feathers and bright yellow feet, and then – finally-young Mr. Rooster Chicken began to grow long swooping feathers on his tail.

"A tail, a tail!" squealed the youngest of the lambs. "Soon you'll be old enough to crow!"

"You look very handsome today, young Mr. Rooster," snorted the pig, who was always exceedingly polite. "A very fine looking fowl, if I so may say."

"Thank you," said young Mr. Rooster, with a bob of his head and a quiver of his cockscorn, but then he walked away, his long tail feathers drooping and his cockscorn down, too.

"What's wrong?" asked his friend, the gray-and-white cat who lived in the barn?"

"Oh, nothing."

"Something's wrong," said his other friend, the yellow duck who swam in the pond. The pig came over to listen, too.

"Well," said the young rooster, scratching in the dirt with his strong yellow toes, "everybody's waiting for me to grow up and crow. I'm doing the growing-up part all right, but . . ." (Continued on next page)

"But what?" asked the cat.

"But I don't know how to crow! I've never even heard a rooster. I don't know what I'm supposed to do!"

"We shall help you," announced the pig, who was always exceedingly helpful as well as exceedingly polite.

"We will?" asked the cat, with every single one of his eyebrow whiskers raised.

"How?"

"Yes, how?" quacked the duck.

"We shall teach him," said the pig. "You have heard a rooster crow before, have you not, Mrs. Duck?"

"Yes, I have!" said the duck. "I can show you." She flew to the top of the chicken coop nearby. Then she folded her wings back, tilted her bill up, and crowed. "Quack-a-whack a-whack a-whack."

The cat crouched down and flattened his ears.

"Hmmm," said the pig. "Thank you, Mrs. Duck, though that's not perhaps quite . . ."

"I hope not!" said the rooster, looking very much alarmed.

"I shall demonstrate," said the pig. "First, one must climb, through you will no doubt fly, to a high point." The pig climbed to the top of the manure pile. "Then, tilt your head back-Mrs. Duck did that part quite well-clear your throat and . . . crow." The pig tilted his head back and cleared his throat. "Oink-a-snuffle, oink a-snort!"

The cat closed his eyes and shook his head.

"Hmmp!" said the duck, not at all impressed.

"Yes, well . . ." The pig climbed down from the manure pile. "That is not quite, uh that is . . . it does sound a bit . . . you understand . . . with a real rooster . . ."

"I'll show you, said the cat, and he leapt to the top of the fence and curled his tail around his toes. He washed one paw and looked up at the sky. "Meow a-meow-a-meow-a-meow."

"Hmmp!" said the duck.

"Hmmm," said the pig.

"Oh, dear," said the rooster, looking even more alarmed.

"Maybe another chicken, suggested the duck, and they went to fetch one of the hens. But all she managed was "Cluck a-cluck a-cluck!" The dog gave them "Woof a-woof a-woof a-woof!" The lamp went "Baa a-baa a-baa a-baa!"

The rooster sadly shook his head. "I'll never learn to crow. I won't be any good at waking people up. Nobody will like me anymore."

"Sure, we will!" said the cat. "I like you right now, and you've never crowed a day in your life." All the other animals agreed, with baas and moos and stomping of feet. "Besides," added the cat, "I don't want you waking me up. I like to sleep late."

"You will," said the rooster, as gloomy as a rainy day.

"I wonder," said the pig, "have you yourself ever tried to crow, Mr. Rooster?"

"Me?" said the rooster than any of us," said the duck.

"And we'll like you no matter what you sound like," said the pig.

"Even if you don't make any sound at all!" said the cat.

"And so the rooster decided to try, he flew up to the top of the chicken coop. He folded his wings back. He tilted his head. And he tried to make the same noises all his friends had tried to make before. Softly at first: "Cock-a-doodle-doo!" and then again, louder, "Cock-a-doodle-doo!" and then very loud indeed: "Cock-a-doodle-doo."

After that, no one had any doubt that young Mr. Rooster knew how to crow, not even young Mr. Rooster himself.

There is a farm in a valley that is practically perfect in every way. It even has a fine young rooster, who crows at the crack of dawn, and so everyone always gets out of bed exactly on time. The dog always wakes up in time to fetch the newspaper for the farmer. The farmer always wakes up in time to milk the cows before the sun rises. The cows always wake up in time to eat the grass when it is still wet with morning dew, which is when it is most tasty. Everyone is always wide awake on that farm, because they have a rooster whose friends helped him learn how to crow, just like this: "Cock-a-doodle-do!"



Board Member Updates

Welcome to New UCF Board Members, Mary Anna Newman as Leadership Council Trustee and Harriet Altman as Secretary. Your Board of Trustees has appointed these two new members following the UCF bylaws to serve until the Annual Meeting in June. They join President Melva Kearney (elected in 2020), Vice President Susan Fetzer (also recently appointed), and Treasurer David Hughes (elected in 2019). The Secretary office is open because Vicki Barrett who was elected in June 2019 is moving to Maryland. The Leadership Council office opened when Susan Fetzer (elected as Leadership Council Trustee in 2020) accepted the appointment to be Vice President after the resignation of Guerry Willis.

The Bylaws of the Fellowship are published on the website, www.ucfnc.org and here's a review of the Board of Trustees section for filling vacancies. The Board appoints members to fill vacancies and the appointed member serves until the next annual meeting. UCF officers are elected to 2-year terms on a staggered basis to promote continuity on the Board. I've listed the officers and when they were elected or appointed.

At the June 2021 Annual Meeting UCF will be electing four of the five Trustees on the Board. The Vice President and Leadership Council Trustees will be 1-year terms since they are filled by people appointed to vacancies for offices elected to 2-year terms in 2020. The Secretary and Treasurer will be elected to 2-year terms. Melva Kearney was elected to a 2-year term as President of the Board of Trustees in June 2020 so her term expires on June 30, 2022.

I have been appointed to the Board of Trustees to finish the term Susan Fetzer vacated to become Board Vice President. I will remain until the Annual Meeting in June. My position is the liaison from the Leadership Council to the Board.

I have been a member of UCF since 2017, serving on the Social Action Committee, Finance Committee and the Worship Committee. I worked on the Capital Campaign in 2018, and have co-chaired the Building Bridges Campaign this year. I was a member of the Unitarian Universalist Fellowship in Lexington Kentucky in the 1980s, but did not find a church home when we moved back to NC. Focused on my work for many years, I felt a void that this church has bountifully filled. I am so happy to serve in this role, and appreciate the support of the other BOT members and the Leadership Council.

-Mary Anna Newman

When the nominating committee called to ask me to serve as Secretary of the Board of Trustees, my initial response was "no way" – thinking of all that Vicki Barrett does for our church! Vicki, as it turns out, is moving, unfortunately for us. Anyway, I was told this was "only" the Secretary of the Board, not the Office Assistant duties also – maybe that would be okay. And honestly, this church is so important to me. It was one of my reasons for moving to this area. After being raised Methodist, and never fitting in there, I discovered Unitarian Universalism in Charlotte when I was about 30 years old and knew I had found my church home. But, my family later ended up in Jacksonville, so for 20+ years, I had no Unitarian church, and missed it quite a bit.

Anyway, I've been fairly active here since I moved to Beaufort and joined about 6 years ago, being involved in several committees, i.e. Green Sanctuary, Social Action, Religious Education, and Finance, but had never served on the Board of Trustees. I thought this would be a great opportunity to learn more about the leadership and inner workings of our fellowship, how decisions are made, etc. And what an exciting time for our congregation! We are going through so many changes, a new building, etc. I am so looking forward to our future and expanding our role in the community and can't wait to meet again in person!

-Harriet Altman

Coffee with the Board



On Tuesday, February 21, Board of Trustees President Melva Kearney signed the paperwork needed by E. G. Smithson & Associates to begin work on our new sanctuary and social hall at 2900 Bridges Street.

The Board of Trustees acknowledges the generosity of our members and friends who have made this project possible. After permits are obtained, it is anticipated that demolition of the current sanctuary/fellowship hall building will begin by the end of April. Look for footings and a new slab to be poured in June and framing to begin in July. If all goes to plan, and if everything is able to be done on schedule, the building will be finished in November, 2021.

The base price for the building is \$724,227, but there are some items not included in that price that the New Building Team and the Board of Trustees have agreed to add. These include permit fees, upgrades to the current water and sewer lines, removal of asbestos siding and flooring in the current building, and linking the electrical system of both buildings. The new total of these items plus the base price is \$762,767.

David Hughes, Treasurer, reports that with our current bank balance (including proceeds from the sale of 1300 Evans, the loan from our own endowment fund, and paid pledges) as well as the pledges to be paid by the end of 2021, the fellowship will be able to pay for the building and have some left for contingencies and furnishings. David is currently in conversation with our bank to obtain a construction line of credit for \$150,000. This line of credit will only be used as needed for payments to be made before outstanding pledges are paid or to meet any cost overruns.

We did it! Our new home will soon be a reality. Thanks to all who have pledged your money and to those who have pledged their time to planning, fundraising, and who will be contributing your service to building the new home of the Unitarian Coastal Fellowship at 2900 Bridges Street—a house that will be able to support our vision and mission into the future, a house we can fill with life, friends, struggles, freedom, security, truth, art, music, celebrations, prophecy, dreams and work.

"This House" by Kenneth L. Patton

This house is for the ingathering of nature and human nature.

It is a house of friendships, a haven in trouble, an open room for the encouragement of our struggle.

It is a house of freedom, guarding the dignity and worth of every person.

It offers a platform for the free voice, for declaring, both in times of security and danger, the full and undivided conflict of opinion.

It is a house of truth-seeking, where scientists can encourage devotion to their quest, where mystics can abide in a community of searchers.

It is a house of art, adorning its celebrations with melodies and handiworks.

It is a house of prophecy, outrunning times past and times present in visions of growth and progress.

This house is a cradle for our dreams, the workshop of our common endeavor.

BUILDING TEAM UPDATES:

As explained in the Sunday Coffee, the contract for construction is signed and the building schedule has started. Most of the construction and finishing of the building will be handled by the contractor; however we need your help with many of the final touches. Sometime in late summer or early fall we'll have a new church building.

Elsewhere in this newsletter you will find a list of committees, some already exist and there are a few new committees. Start thinking and when the time comes, please join a committee or suggest to the appropriate committee your thoughts in suggesting the furniture, colors, ideas and ideas, (Yes, I said it twice) This will indeed be 'OUR' new home. It will take time 'wearing this building' to be as familiar as 1300 Evans St., but with everyone's input we hope everyone will feel 'at ease' in short order.

Respectfully submitted,
Dan Phillips



Total Estimated Costs: \$724,227

Base Price of Construction

Est. Site Preparation (includes demolition)

Cost of physical building and landscaping

Not Included but Required

Asbestos Clean-up and Disposal

Building Permits

Upgrade Water & Sewer Lines to meet code

Power Alterations to bring both buildings under one service

Subtotal

Appliance Estimate (2 Refrigerators and 2 Dishwashers)

Total Commitment (\$762,767 + \$7500)

Not included –Waiting final estimates

Additional for EcoRaster Parking (special gravel)

Additional Electrical to tie in alarm system with annex

Additional Electrical to support 2 car charging stations

Audio Visual

Polished Concrete in lieu of carpet and tile (may be no additional charge)

\$724,227

\$116,000

\$608,227

\$19,904

\$6,054

\$7,922

\$4,660

\$38,540

\$7,500

\$770,267

\$3,330

TBD

TBD

TBD

TBD

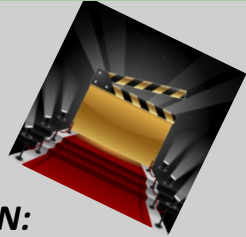
MOVIE DISCUSSION: "Kiss the Ground"

Co-sponsored by The Green Sanctuary, Adult RE, and The Sierra Club



Tuesday, March 16 at 6:30PM

(Please watch the movie either on Netflix or through the "One Earth Film Festival" before the discussion)



Let's Think About New Positive Responses to Climate Change!

We are all familiar with the idea of reducing our green house gas emissions by using clean energy like solar and wind, but is that enough to avoid the worst case scenarios of climate change? The answer is NO and we will need to also work to pull CO2 from the atmosphere by sequestration.

The film that we will be discussing on March 16, at 6:30 PM at the Zoom link below is called "Kiss the Ground". This is part of the wonderful "One Earth Film Fest" which will be showing a number of environmental films from March 5-14. The one we have chosen to discuss, "Kiss the Ground", will be shown for free on Saturday, March 13, at 12 noon, and tickets are available at this link: <https://www.oneearthfilmfest.org/>. Our film is also on Netflix and can be watched anytime for free by clicking on: <https://kissthegroundmovie.com/>, click on "watch", scroll down to four ways to watch, and click on the first option, "stream on Netflix". It will then come up on your computer screen and you can connect it to your TV screen, if you choose to do so. Or, if you subscribe to Netflix you can just type in the title and watch it that way. Please read the description below and join us for the lively discussion on Tuesday, March 16, at 6:30PM at the Zoom link to the right.

FILM DESCRIPTION:

Narrated and featuring Woody Harrelson, "Kiss the Ground" is an inspiring and groundbreaking film that explores the first viable solution to our climate crisis. "Kiss the Ground" reveals that, by regenerating the world's soils, we can completely and rapidly stabilize Earth's climate, restore lost ecosystems and create abundant food supplies. Using compelling graphics and visuals, along with striking NASA and NOAA footage, the film artfully illustrates how, by drawing down atmospheric carbon, soil is the missing piece of the climate puzzle. This movie is positioned to catalyze a movement to accomplish the impossible—to solve humanity's greatest challenge, to balance the climate and secure our species' future.

"Kiss the Ground"

Tuesday, March 16 6:30 – 8:00pm

[Join Zoom Meeting](#)

Location:

<https://zoom.us/j/93791585337>

Description: Penny Hooper is inviting you to a scheduled Zoom meeting. Join Zoom Meeting <https://zoom.us/j/93791585337>
Meeting ID: 937 9158 5337

One tap mobile [+13017158592](tel:+13017158592), 93791585337# US (Washington DC) [+13126266799](tel:+13126266799), 93791585337# US (Chicago) Dial by your location [+13017158592](tel:+13017158592) US (Washington DC) [+13126266799](tel:+13126266799) US (Chicago) [+19292056099](tel:+19292056099) US (New York) [+12532158782](tel:+12532158782) US (Tacoma) [+13462487799](tel:+13462487799) US (Houston) [+16699006833](tel:+16699006833) US (San Jose) Meeting ID: 937 9158 5337 Find your local number: <https://zoom.us/u/>

Time to charter the FURNISHINGS/FINISHING TASKFORCE for 2900 Bridges St.

Volunteers Needed! Calling all members and friends who wish to join the Furnishings/Finishing Taskforce for 2900 Bridges St. This taskforce will prepare the buildings on our campus with everything needed for full use and occupancy prior to our move-in. To volunteer, or for a comprehensive list of the tasks involved and other Frequently Asked Questions, email Melva Kearney at melva.kearney@gmail.com.

Adult Religious Education Events

GENTLE YOGA
Let Harriet Altman guide you in gentle yoga Wednesday mornings at 9AM. Yoga is for everyone and everyBODY! The classes begin with a brief yoga wisdom sharing, followed by a gentle yoga practice. Contact Harriet for information and the Zoom link at harrietaltman@icloud.com



MEDITATION GROUP

Anyone is welcome to meditate every Monday evening at 6 p.m. with Kate Reavis. The group is open to those who have never meditated, daily meditators, and anyone in between! Please contact Sally Davis for information and the Zoom link at sdavis8772@gmail.com



BOOK CLUB

Do you like to read and discuss books? We would love to add some new members to our book club. We will be reading more current books, beginning in March with Untamed, a memoir by Glennon Doyle. Kirkus Reviews describes Untamed as “An emotional gut punch . . . an in-depth look at a courageous woman eager to share the wealth of her experiences by embracing vulnerability and reclaiming her inner strength and resiliency. Doyle offers another lucid, inspiring chronicle of female empowerment and the rewards of self-awareness and renewal.” Our March meeting will be Saturday the 20th at 11:00 a.m. via Zoom. If you might be interested in joining us or learning more about the book club, contact Susan Roberts (landfall2@mindspring.com or 843-217-1885).

WOMEN’S DISCUSSION GROUP

We will meet on Wednesday, March 3 from 12:30 to 1:30 via Zoom. It's time to dig out and perhaps even add to or revise your bucket list. The March discussion topic is **Considerations of age, energy and money aside, what three items would top your bucket list?** It's definitely been a while since I thought seriously about mine. It will be fun to dream, and I look forward to hearing what's at the top of your list. If you are not on the Women's Discussion Group email list and would like to be, contact Susan Roberts at landfall2@mindspring.com or 843-217-1885.



We are happy to announce that we are also anticipating Tom Wentworth’s Guided Nature Walks when the weather is more spring-like!

Anti-Racism Events

The **CASTE Reading Group** focuses on antiracism reflection and action. Group 1 (Led by Penny Hooper and Sally Davis) will meet Mondays, March 1st and March 8th from 1:30-3 p.m. Group 2 (Led by Liz Morningstar) will meet Saturdays, March 6th and 13th from 9-10:30 a.m. For more information, please contact Penny Hooper (pjhooper@ec.rr.com), Sally Davis (sdavis8772@gmail.com), or Liz Morningstar (lizmorningstar@gmail.com)

The **Anti-Racist Reading Group** meets on the 2nd Thursday, March 11th at 12:30PM. The March book is The Three Mothers: How the Mothers of Martin Luther King, Jr., Malcolm X, and James Baldwin Shaped a Nation, by Anna Malaika Tubbs

A **Film Discussion** of “I’m Not Your Negro,” led by Harriet Altman will happen on Thursday, March 11th at 2PM. The film is based on James Baldwin’s unfinished book that explores racism in the stories of Medgar Evers, Malcolm X, and Martin Luther King, Jr. Please watch the film on Netflix prior to the discussion.

Social Action Committee News

January's 5th Sunday collection was for Family Promise, a Carteret County program to help homeless families get back on their feet. The Social Action Committee decided at our November meeting that we wanted Unitarian Coastal Fellowship to become a "Support Church" for this program, which means we pledge to send them \$250 four times a year to cover the guests' groceries for a week. So, we needed to raise \$1000. Once again, our congregation came through with unbelievable generosity and we raised \$1826. This will allow us to meet our commitment and also provided \$826 to help with the program's operating expenses. Family Promise is totally dependent on donations for its operating costs.

Thank you so much for giving from your heart for this very worthy organization.



New Office Assistant —Jamie DeRose

A North Carolina native, Jamie was born in Durham and moved to Newport when she was 4. She embraced her inner Pisces while growing up, enjoying anything and everything involving the salt water. After graduating from Croatan High School, she moved to Raleigh to become a proud member of the Wolfpack at NC State University. She majored in Environmental Technology and Management, with a love for sustainability and conservation of natural resources. She served as an Ambassador for her college and quickly caught the travel bug when she studied abroad in Spain.



Immediately upon graduation, Jamie served as a Peace Corps Volunteer in Peru for 27 months. She lived with an angel of a Peruvian woman in a remote village in the northern central mountains. Her mission was to improve the water and sanitation quality of the area, while also encouraging friendship, peace, and positive intercultural exchange. She worked with the local municipality to purify their existing water systems, taught sanitation and hygiene practices in schools and in-home visits, and taught English. As the only American and English speaker in her community, it was a challenging yet beautiful experience, and part of her heart will forever live there.

Jamie traveled around a few countries in South and Central America on her way back to NC. Afterwards, she found a job in Raleigh as a Hazard Mitigation Planner for an engineering and consulting firm and worked there for two years. That job exposed her to positions in the Federal Emergency Management Agency (FEMA), where she is currently employed. Before COVID, she was deployed to Illinois and worked to help public entities receive grant funding after the Mississippi River flooded many riverside communities. However, COVID brought her back home where she still is able to help the public, but in a virtual environment.

At home, Jamie spends a lot of her time taking care of her three babies – all furry and four-legged! Her tribe consists of a lucky black cat named Kosmo, a social tuxedo kitten named Equinox, and a goofy, loving puppy named Athena. She also loves hot yoga, gardening, scuba diving, and experimenting with vegetarian recipes.

She did not grow up with a religious background and considers herself more of a spiritual person, which is one of the reasons why she was attracted to UCF. She is excited to continue her spiritual journey here and meet the members! Welcome to UCF, Jamie!



March 2021



Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1 CASTE Reading Group (Group 1) 1PM	2 Worship Committee 12PM	3 Yoga 9AM Women's Discussion Group 12:30PM Mental Health Family Support Group 2:30PM	4	5	6 CASTE Reading Group (Group 2) 9AM
	Meditation 6PM					
7 Worship Service 10:30AM	8 CASTE Reading Group (Group 1) 1PM Meditation 6PM	9 Business Board meeting 2PM	10 Yoga 9AM Mental Health Family Support Group 2:30PM	11 Anti-Racist Reading Group 12:30PM Film Discussion: "I'm Not Your Negro" 2PM	12	13 CASTE Reading Group (Group 2) 9AM
14 Worship Service 10:30AM	15 Meditation 6PM	16 Film Discussion: "Kiss The Ground" 6:30PM	17 Yoga 9AM Mental Health Family Support Group 2:30PM	18	19	20 Book Club 11AM
21 Worship Service 10:30AM	22 Meditation 6PM	23 Business Board meeting 2PM	24 Yoga 9AM Mental Health Family Support Group 2:30PM	25	26	27
28 Worship Service 10:30AM	29 Meditation 6PM	30	31 Yoga 9AM Mental Health Family Support Group 2:30PM			Note: All events are via Zoom unless otherwise noted. 

Board of Trustees:

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manewman47@gmail.com

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Choir Director: Tom Cullison trcullison@gmail.com

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Facilities: Sandra Shelp shelpsk@yahoo.com

Worship: Marilynn Cullison mscullison@gmail.com

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Membership: Nan Reed nanreed5@gmail.com

Social Action: Amy Jones amjones0912@gmail.com

And Barb Thomas bsthomas2@gmail.com

Green Sanctuary: Lauren Donnachie lsdonnachie@twc.com

And Holly Rogers hollyer54@yahoo.com

Committee on Ministry: Holly Rogers hollyer54@yahoo.com

RE, Children: Sarah Sutherland UCF.RE.Sarah@gmail.com

RE, Adults: Sally Davis sdavis8772@gmail.com

Music Committee: Tom Cullison trcullison@gmail.com

Care Circle Coordinator: Pam Holliday pamelalaholliday@gmail.com

Newsletter: Jamie DeRose ucfofficeassistant@gmail.com



Unitarian Coastal Fellowship



Contact us!
252-240-2283

UNITARIAN COASTAL FELLOWSHIP
P. O. Box 425
Morehead City, NC 28557