

OUR COASTLINE

Official Newsletter of the Unitarian Coastal Fellowship
Morehead City, NC



WELCOME

September 2022

Dear Beloveds,

It's a new era. We've hung plaques and art on the walls; we've paid a few utilities bills; we've sung in the choir; we've thrown a party (and what a party!). We've settled in. And now many of us are wondering:

What's next?
How do we tell people who we are?
How, now, do we grow?

Before we get to the *how*, I like to ask the *why*. Why do we want to grow?

Is it because this is America, and bigger is always better? (Perhaps true of airplane seats; not necessarily true of bombs or cars.)

Or is it because we have something wonderful we want to share with the world? What, then, is that wonderful thing? How does it benefit others to partake of it? What is so great about Unitarian Universalism, that we believe others should be Unitarian Universalist? If we can answer these questions, then we know how to talk to others about our faith and our fellowship. You might then say to your friend or neighbor or coworker, *Have you heard about Unitarian Universalism? It's the religion where we practice creating peace, and we draw wisdom from religions all over the world to learn how to do it. Or: Have you heard about Unitarian Universalism? It's the faith where we believe that all people have inherent worth and dignity, and we work to create a just world where that's actually true.*

Continued.....



OUR VISION STATEMENT

Our congregation's vision is to be a visible presence in the community, growing a just world through spiritual enrichment, compassionate action, and free religious inquiry.

A WELCOMING CONGREGATION

We are an intentionally diverse community, welcoming of and enriched by people of varying cultures, economic and ethnic backgrounds; by people of varying sexual orientations, gender identities and family compositions; by people of all races, ages and beliefs.

You might describe Unitarian Universalism and this fellowship differently from the examples above—and that's fine!

Unitarian Universalism is multifaceted, and that's part of what makes it wonderful.

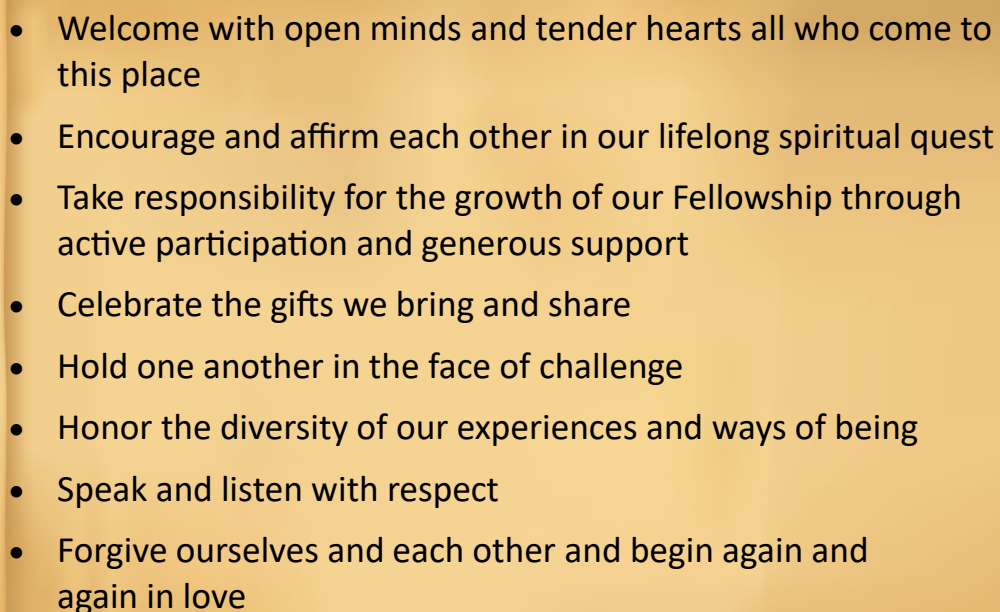
Now, some of you reading this letter might be new. It's possible this is your very first Coastline, and you're reading this and thinking to yourself, *I don't know how to answer these questions; I've only been to two worship services! In which case: Welcome! I hope you're enjoying yourself. And you can help us answer some very important questions, such as:*

How did you find out about this community?

What do you like about us? What would you tell your friends about us?

How do you think we should show up in the community?

Because we're making something new, and to become something new we need new faces and new ideas. And as Unitarian Universalists, we believe everyone has *something to contribute, whether you've been part of this fellowship for 35 years or 35 days.*

- 
- A scroll with a list of community values, held by two wooden pillars. The scroll is unrolled, showing a list of nine bullet points.
- Welcome with open minds and tender hearts all who come to this place
 - Encourage and affirm each other in our lifelong spiritual quest
 - Take responsibility for the growth of our Fellowship through active participation and generous support
 - Celebrate the gifts we bring and share
 - Hold one another in the face of challenge
 - Honor the diversity of our experiences and ways of being
 - Speak and listen with respect
 - Forgive ourselves and each other and begin again and again in love

Blessings,

~Rev. Micah C. Ma



OUR COASTLINE

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Worship Services

Sundays at 10:30AM
on Zoom AND in-person
Zoom link is provided in each Friday
edition of *The Wave*

September 4: All Labor is Labor

As Unitarian Universalists, we believe in the inherent worth and dignity of all people—but what does that mean about the work that people do? In honor of Labor Day, we will interrogate how we regard and approach different kinds of labor—especially in the wake of the pandemic, which revealed all kinds of truths about the kind of labor we regard as “essential.”

September 11: How Are the Children?

A traditional greeting among Masai warriors in Africa is: “How are the children?” And the traditional answer is: “All the children are well.” If all the children are well, then that means life is good, peace and safety prevail. What does it look like to ask ourselves that question about the children in our country?

September 18: The Tolerance Paradox

We welcome everyone—but is there a limit to who we will welcome? Today we will explore what’s called *the tolerance paradox: the idea that in order to build an inclusive space, we must exclude the intolerant. What does that look like?*

September 25: The Worth and Dignity of Every Person

Our First Principle affirms and promotes the inherent worth and dignity of each human being. The Unitarian Universalist commitment to the worth and dignity of every human being calls us to respect the autonomy of women and men in determining their own healthcare choices and decisions. In light of the Supreme Court decision on *Roe v. Wade*, Rev. Gaye asks us to think about how countercultural the First Principle might be seen because of it.

Bio:

Rev. Dr. Gaye Morris is an ordained Unitarian Universalist minister in her 9th year of ministry. She served the Augusta Georgia UU congregation for 6 years before marrying the Rev. David Morris and moving to the Outer Banks. They are raising their great-grandson Oliver, who has started the second grade, and they live in Manteo with three goofy hound dogs.

Gaye is a community minister affiliated with the Oak Ridge Tennessee UU congregation, and also is the secretary/treasurer of the UU Justice Ministry of North Carolina. She and David co-chair the North Dare Ministerial Association in the Outer Banks and also serve as volunteer hospital chaplains. Gaye will be working as a Dare County poll official in the upcoming elections, and wants every person here to make their vote count in November!

President's Column

Exciting Days!

The Dedication of the Rev. Sally B. White Center was the highlight of August at Unitarian Coastal Fellowship for me! It was so good to see and to hear our beloved Rev. Sally, to see her daughter Nafis again, and to learn about Rev. Sally's new home in her retirement in Greensboro, NC.

UCF's devoted and committed New Building Team met on August 23 and will give its final report to the Board of Trustees on September 8. The New Building Team, the Furnishing and Finishes Team, and the Landscaping Team have done an outstanding job! Be sure to say thank you when you see one of these team members! It's been a long journey to get to this point, and we are all enjoying our new church home at 2900 Bridges Street. These teams are passing the baton to the rest of us and there's a lot to learn—maintaining the building, managing the tricky door locks, and mastering the intricacies of the audio/visual system, among other tasks.

September will be exciting, too! On September 10 at 10am, the new sanctuary and social hall will be dedicated. The committee is inviting many who have been instrumental in the construction and funding of the building. Local dignitaries, churches, and civic organizations are also being asked to attend the event.

Even though I don't like to think about it, hurricane season is here. I have been getting things ready at my house. Now, let's get our church home ready, too. Please check your email and click on the link to the Breeze Form to volunteer to make checklists and get the building and grounds ready when a hurricane warning is posted. I have heard that the church-wide email went to some promotion and spam boxes so please check there or email me and I'll send it to you. What can you do to help UCF after a storm—can you clean up? Do you have a shop vac, dehumidifier, or a pickup truck? Please check the volunteer form and the Board will use this in future years. I've received several emails and will be contacting volunteers.

The Board and Leadership Council are planning a Fall Retreat on September 24. We will be discussing planning for the interim ministry extension, moving toward the adoption of the 8th Principle, development of leadership and volunteerism, Safe Congregations policies, among other topics. Working with members and friends of the Unitarian Coastal Fellowship is one of my great joys! This fellowship is a source of strength for the work ahead, and I look forward to reconnecting with all of you in person this year, meeting new people who are seeking a spiritual home, and welcoming new families.

-Susan Fetzer

YOU ARE INVITED

to the dedication of the new home
and new campus of the
Unitarian Coastal Fellowship



Saturday, September 10—10AM

2900 Bridges Street

Morehead City, NC 28557



Practicing Pronouns

Rev. Ma shared their new name and pronouns in last month's Coastline—and maybe someone else in your life, a grandchild or a child or a friend, has changed their name and pronouns recently too. It's hard to change the way you've been thinking and talking about someone, and it's also important to get it right for that person that you care about. The only way to do that is to **practice**. So, here are some ways to practice, both on your own and with others:

(All the examples use they/them, but of course you would use whatever pronouns the person has told you to use.)

- **Write a little story or essay about the person.** This one you can do on your own. Make some time to sit down and write a little story or essay about that person, being sure to use their correct name and pronouns. ("Once upon a time, there was a minister in Morehead City who used they/them pronouns...")
- **Think about them with their new pronouns.** This one you can also do on your own while you're brushing your teeth, waiting at a red light, or doing the dishes. Spend that time consciously thinking about that person, with their new name and pronouns. ("I wonder what Aspen is doing right now? I hope they're having a good time.")
- **Get together with someone else who knows that person and talk about them.** This is a good excuse to get together with someone you haven't spent time with in a while! Then, while you're doing yoga/having coffee/kayaking together, you can practice talking about the person using their correct name and pronouns. ("Did you hear that Logan is looking for a new car? Let them know if you see a hybrid SUV for sale.")
- **Correct others when you notice them using the wrong name or pronouns.** There's no need to shame people; just say "actually, they" and then let the conversation move on. It's important to be consistent, however, because the only way to get into a new habit is through repetition and reinforcement! So correct people—and yourself—every time.

What about words like ma'am, miss, or sir? It might feel impolite to not answer "yes, sir" or "yes, ma'am," depending on how you were raised. You can always ask the person how they'd prefer to be addressed, and then respect their wishes. Or, if you're not sure, consider addressing that person as friend, colleague, comrade, buddy, beloved...

If you get it wrong, take the correction and move on. We all make mistakes, and we all know it's hard to learn a new habit. If you get it wrong, there's no need to make a big production of it or explain why. Just correct yourself and move on. With enough time and practice, you'll get it right.

UCF HOLDS ITS FIRST RED CROSS BLOOD DRIVE

On July 28th, UCF hosted its first Red Cross blood drive.

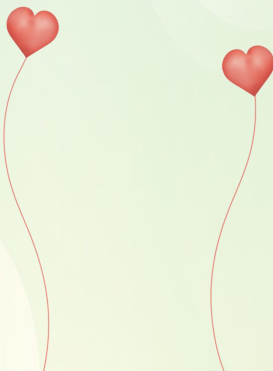
For the UCF volunteers, this was a learning process, but the Red Cross team from Greenville was amazing, setting up a huge amount of equipment, supplies, and stretchers in a very small place and efficiently running the donors through the interview process and donation procedures, then sending them on to our Canteen for snacks and drinks.

Everything went really smoothly.

Our goal was to collect 25 units of blood and we collected 26. We hope to do blood drives at UCF three times a year – the next one will be on November 30th. It is already set up on the Red Cross website, so if you would like to go ahead and reserve your donation appointment, you can click [here](#).

Thanks so much to all the UCF volunteers who helped get set up before the team arrived, sat at the Registration desk, brought snacks, took care of donors at the canteen, and helped us clean up and put everything back the way it was at the end of a long day.

And thanks to all who donated blood!



SOCIAL JUSTICE AT UCF

UU The Vote Postcard Campaign - Back by Popular Demand!!!



As we're sure you know, we have a VERY IMPORTANT election coming up! UCF will be working with **UU the Vote** and **UU Justice NC** again on a postcard project like we did in 2020.

It was so successful in 2020, that 16 NC UU Congregations wrote over 30,000 postcards! Since it was so popular with our congregation as well, we committed to 1000 postcards - 40 people writing 25 postcards each! Once again, we will be getting the addresses and script from the organization "Reclaim the Vote", a non-partisan effort and will target voters of color. If you sign up to participate, you will be given a kit with 25 postcards to write. The kit will contain everything you need including stamps, pens, a script, and names and addresses. These kits will be distributed in mid-September and the postcards will be mailed on October 13th.

If interested in participating, please Email Harriet Altman (harrietaaltman@icloud.com) or Barb Thomas (bsthomas2@gmail.com).

VOLUNTEERS NEEDED TO REGISTER VOTERS

UCF is once again a sponsor for the annual Voter Registration drive that will be held at Carteret Community College on Monday 9/19 through Thursday, 9/22 this year. The event is organized by the League of Women Voters of Carteret County.

As a sponsor, our role is to help provide volunteers to register voters at three different locations at the college. Shifts will be available from 9 AM to 12 noon, 12 noon to 3 PM, and 5 PM to 6:30 PM. There will be a zoom training by the staff of the Carteret County Board of Elections for all those who are volunteering to register voters on **Tuesday 9/13 from 1 PM to 2 PM**. If you can't make the training, we will email you the notes – it's pretty simple.

A link to sign up to volunteer will be sent out the day after Labor Day and will be in the Wave that Friday. **PLEASE SIGN UP IF YOU CAN!**



Thank you

5th Sunday

The 5th Sunday collection for the Carolina Abortion Fund during the month of July came to \$2500!! This congregation is so generous in its support for those in need of help. The check has been mailed and will be used to directly assist women in need of abortion access services, counseling, and ancillary needs like transportation and child care.

Thank you!

Reminder!

The "Trans Inclusion in Congregations" class is starting on September 7th and it's not too late to sign up. The class will be held on six successive Wednesday evenings at 7:00 PM in the UCF Social Hall. There is more information on our [website](#). To sign up, click [HERE](#).

YOUR Pastoral Care Team:

Rev Michelle Ma	revmichellema@gmail.com	252-499-0836
Joan Burton	ldybg223@aol.com	201-669-1519
Miriam Green	mwgreen15@gmail.com	919-906-9996
Helene Kelly	helenekelly1@gmail.com	252-269-0775
Liz Morningstar	lizmorningstar@gmail.com	720-215-5681
Holly Rogers	hollyer54@yahoo.com	509-607-2055
Terri Thomas	territhomas00@gmail.com	252-314-4110
Susan Roberts	landfall2@mindspring.com	843-217-1885

YOGA

Wednesdays—8AM

MEDITATION

Mondays—6:15PM



Pastoral Care Tip:

Take A Better Break

Small breaks during your busy day can be restorative especially if you can avoid thinking of such acts as unproductive or have feelings of guilt.

New research has shown that devaluing leisure time can be detrimental for us, our work and our relationships.

The benefits of taking a short break during your day include reduced levels of stress, anxiety and depression. So go ahead, stretch, doodle, daydream, get up and walk around. Exercise your eyes by staring every 20 min or so at something 20 feet away for 20 seconds. Anything to break your focus for a few minutes. You'll be better for it.

"Turn off your mind, relax, and float downstream." – John Lennon

Mental Health Family Support Group

The Mental Health Family Support Group is an opportunity to share experiences and challenges of having family members or friends who live with mental illness. Meetings are being held on Zoom on Wednesday afternoons from 2:00 to 3:30.

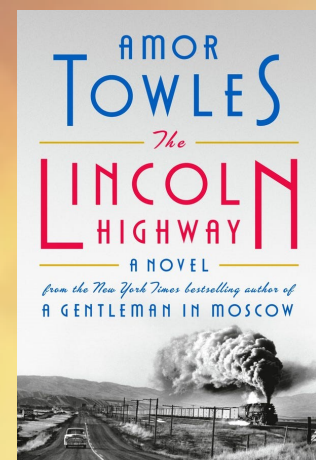
If you would like to join these meetings or would like more information, please contact

Susan Roberts at 843-217-1885 or at landfall2@mindspring.com

UCF Book Group

Please join the UCF Book Club on Thursday, September 22 at 4PM in the SBW Center to discuss the book The Lincoln Highway by Amor Towles. This story is about four young men who travel from Nebraska to Manhattan by car on the Lincoln Highway and the adventures they encounter along the way. Please join us! For information, contact Joan Burton at 201-669-1519.

Happy Reading!



UCF Staff Member Update

UCF Office Assistant Jamie DeRose will be moving to the mountains in the beginning of September. She will be living near her sister and is thrilled that she won't have to make any more 7-hour trips to see her! Although she won't be local, she will continue her role as the Office Assistant for the time being; please continue to send her information for the weekly updates and newsletter as usual. She's looking forward to the change and to continue working with UCF!

New Staff Emails!

UCF Staff now have new email addresses! Please update your contacts with:

Interim Minister Rev. Micah C. Ma: mma@ufcnc.org

Office Assistant Jamie DeRose: jderose@ucfnc.org

Children's Spiritual Exploration Administrator Sarah Sutherland: ssutherland@ucfnc.org

Music Director Tom Cullison: tcullison@ucfnc.org

Accompanist Meganne Smith: msmith@ucfnc.org

Please Contribute to the UCF History Project!

Your UCF Transition Team is continuing its work on compiling a history of UCF! This is an important part of our preparation for UCF's upcoming search for a settled minister, and it will serve our fellowship well as a record of our "roots." If you have historical documents or photos to contribute to this effort, we would love to have them.

In the documents department, we can especially use summaries of the activities of individual committees or officers (but not meeting minutes). Personal accounts of memorable events are also welcome. If in doubt, send your documents for us to review. Tom Wentworth (twentwo@ncsu.edu) is collecting and filing these.



If you have photos related to UCF history, please send digital copies to Harriet Altman (harrietaltn@icloud.com) or contact her if you have physical photos that need to be digitized. Be sure to include relevant information (date, event, names of people pictured) with any photos you submit.



We hope to have some products of our efforts to share with you at a service later this fall.
Thanks!



Green Sanctuary

Green Sanctuary will be gearing up after our summer hiatus with our September meeting, scheduled for Sunday, September 11, 2022, at 11:45 (following the worship service), in room 7 of the Sally B. White Center. It will be an exciting meeting as we make plans to put our seventh principle into action this autumn. See you there!

GREEN TIP:



It's so disheartening to walk along the shoreline of Beaufort or Morehead City harbor and see oil slicks polluting the water. There's also the "hidden" pollution of human waste discharged or accidentally spilled from boats. Many boat owners these days are finding ways to reduce pollutants spilled into the bay. Carefully and legally pumping out waste tanks at the marina is the best choice for a cleaner harbor. Older, cheaper, and lighter boat engines were always 2-stroke and churned out oily exhaust. Most new marine engines are 4-stroke, like a car engine. They're heavier and more expensive, but they have emission controls and are less polluting. Small electric engines are nonpolluting and silent, but we discovered recently that they have a limited range – let's just say there was rowing involved! Of course, rowing or paddling is the least polluting choice of all.

Let's start the fall right, gathering with family and friends for a nature walk! UCF's Green Sanctuary and Adult SE Committees are pleased to announce a Fall Equinox Hike at Fort Macon State Park. We will meet at 2 PM on Saturday, September 17, 2022, in the Beach Access area, which is reached by taking the **first right** immediately after entering the park. There is a large parking lot at the end of this road; turn left when you reach the parking lot, drive past the bathhouse (you'll pass it to your right) and gather at the **northeasternmost** corner of the lot, where there are several picnic shelters and a trailhead for the Elliott Coues Trail. This will be an easy to moderate hike, and we will choose the specific route based on group preference and weather. Interested? Please send an email to Tom Wentworth(tom_wentworth@ncsu.edu), and let him know how many people will be in your party.



Details will be sent to all participants by email.

AARRG

The Anti-Racist Reading Group has read quite a few books over the last three years. We would like to share a few of these books with you as UCF begins to study the 8th Principle for adoption next year.

The first books we read were *White Fragility: Why It's So Hard for White People to Talk About Racism* by Robin DiAngelo and *How to Be An Anti-Racist* by Ibram X. Kendi. Both are excellent for background information and the current vocabulary used in anti-racist writings.

Quite a few of our congregation participated in discussion groups on *Caste: The Origins of Our Discontent* by Isabel Wilkerson and *The Sum of Us: What Racism Costs Everyone and How We Can Prosper Together* by Heather McGhee. Both authors show us aspects of racism we may not be aware of and how racism against one group hurts all of us.

All of these books are recent and were on the New York Times Best Seller list.

On a lighter note, perhaps you would enjoy a novel, *The Water Dancer* by Ta-Nehisi Coates or Anne Moody's autobiography *Coming of Age in Mississippi*.

All of these books are available for checkout in the new UCF Library, thanks to Tom Wentworth and Linda Rudd.

A note to AARRG readers – the UCF Library would love to have copies of books we have read if you care to part with them!

The James Baldwin classic, *The Fire Next Time*, is the book to be discussed at the September 15, at 7 p.m., Anti-Racist Reading Group meeting. The book consists of two essays that were written in the 1960s, during a time of segregation between white and Black Americans. It explores how race, identity, and power helped Baldwin shape his perspective on race. Mary Anna Newman will lead the discussion.

The Fire This Time, by Jesmyn Ward will be the book for discussion on November 17, at 7 p.m. It is an anthology of essays and poetry in the format used by Baldwin. It was inspired by the killing of unarmed teenager Trevon Martin in 2012. While seeking to understand and deal with her own anger, the author found solace in James Baldwin's works, especially, *The Fire Next Time*. It led her to compile an anthology of accomplished authors of the time, to reflect on the racial landscape after the first decade of the twenty first century.

Comparison of the two books should give the reader insight into the progress (or lack thereof) of the racial climate in the United States over fifty or more years.

Please join us on the dates above for an evening of thoughtful discussion.

You will receive information later as to whether the meetings will be in person or via zoom.

Children's Spiritual Exploration

Hi everyone,

This month's newsletter will consist of updates for the fall and what is upcoming.

You will notice the name change for the children's programming that we are proposing to the Board of Trustees for approval this month. We are taking out the words "religious education" and calling our programming **Children's Spiritual Exploration**. As your children and youth explore their UCF/UUA principles, beliefs, and values, they will learn how they can make a difference in the world that they live in with their own beliefs and values, questioning and re-questioning with the "why?", "why not?", "how?", "who?", "when?", etc., etc., etc.

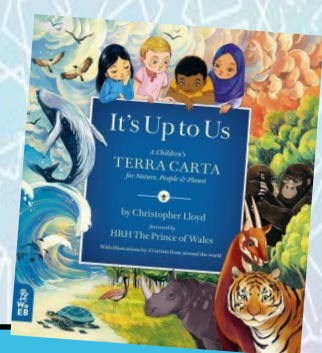
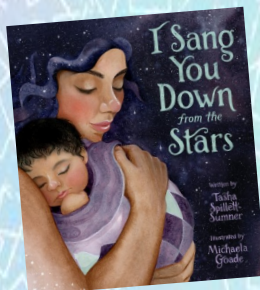
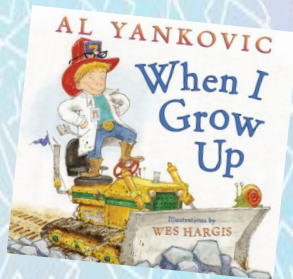
In the fall, we will be working on a multi-generational Faith in Action project called **"Blankets of Love"**.

This project will last for several weeks and will bring everyone from our congregation working together to make a difference in someone's life from babies to young children to teens. This Faith in Action project resonates with our first principle that we believe that every person is important. When I spoke with Susan at Vidant Hospital three years ago, before COVID made an unexpected arrival, she said, "don't forget the teenagers as they are struggling as well". This fall we will be making fleece knotted blankets for the cancer patients at the Carteret Health Care Cancer Center in Morehead City. Next year I hope to collaborate with the Greenville UU Church to donate "Blankets of Love" to the James and Connie Maynard Children's Hospital at Vidant Medical Center.



This project will need donations of fleece material of all colors and patterns as we think about all ages of children that we will be receiving these warm cozy blankets as we wrap them with love and reach out to our beloved community.

I will continue to read the Time for All Ages books during the service, and I hope you have been enjoying them as I've had fun reading them to you. If we have young children returning this fall there will be an activity that relates to the book that is being read. I will need two adults in our children's exploration room to facilitate these activities. It sure is a fun place to be!



NURSERY VOLUNTEERS NEEDED

If you want to come play with some little ones, 6 months to 3 year olds in the "Under the Sea" nursery on Sundays from 10:15 to 11:30, please contact Sarah Sutherland at ssutherland@ucfnc.org or 603-254-5559 (c). The nursery works on a rotation system with Autumn Gillikin being our hired staff every week and one other volunteer needed from our fellowship.

Children's Spiritual Exploration

What else is around the corner? OWL is coming in the springtime. See below.

OUR WHOLE LIVES (OWL) - Lifespan Sexuality Education

Many of you may be asking what OWL is and why am I writing about it.

The Unitarian Coastal Fellowship is collaborating with the other eastern North Carolina UU Churches; the Outer Banks, New Bern, Greenville, and Wilmington to offer this program to the 7th to 9th graders of all our congregation and community in early 2023. Open registration will be in the spring of 2023.

There are a lot of moving pieces that I will be planning for this event that includes, coordinating and collaborating with the churches to set the youth workshops, publicizing all the classes and dates for the youth retreats, recruiting youth and other facilitators, talking with parents, other churches, and involving our communities as well.

The OWL program is offered from kindergarten through the lifespan and is a holistic view of sexuality. It provides accurate, age-appropriate information while helping people clarify their values, build interpersonal skills, and understand the spiritual, emotional, and social aspects of sexuality. It is an honest, accurate information about sexuality changing lives. It dismantles stereotypes and assumptions, builds self-acceptance and self-esteem, fosters healthy relationships, improves decision making, and has the potential to save lives.

Liberal religious sexuality education gives children, youth, and adults a safe forum in which to make meaning of their lives. Participants learn to feel positive about themselves and their sexuality while they clarify their values, apply their values to their experiences, and gain knowledge about their bodies, feelings, and behaviors. When we offer an *Our Whole Lives* program, we help transform a cultural climate of fear and confusion about sexuality into a new reality in which every person's inherent worth and dignity is valued. *Our Whole Lives* values self-worth, sexual health, responsibility, justice and inclusivity through interactive workshops and activities that will engage participants.

What does *Our Whole Lives* offer?

- Honest, age-appropriate answers to questions
- Activities to help clarify values and improve decision-making skills
- A safe and supportive peer group
- Acceptance of diversity
- Encouragement to act for justice
- Affirmation of parents as the primary sexuality educators of their children

I hope you all agree that this is important for the youth of our congregation and community not only now, but in the future, with so many uncertainties before us with the right to autonomy of our bodies and the health of our community and country.

In Spirit and Love,
Sarah



Adapted for the UUA/OWL brochure

SEPTEMBER

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
				1 Leadership Council 10:00AM	2	3
4 Choir Rehearsal 9:15AM Worship Service 10:30AM	5 Meditation 6:15PM	6 Worship Committee 12:00PM	7 Yoga 8:00AM Mental Health Family Support Group 2:00PM Trans Inclusion Class 7:00PM	8 Board of Trustees 1:00PM	9	10 Ribbon Cutting Ceremony 10:00AM
11 Choir Rehearsal 9:15AM Green Sanctuary 11:45AM Worship Service 10:30AM	12 Women's Discussion Group 12:30PM Meditation 6:15PM	13 Finance Committee 9:00AM	14 Yoga 8:00AM Mental Health Family Support Group 2:00PM Trans Inclusion Class 7:00PM	15 ASE 2:00PM AARG 7:00PM	16	17 September Hike 2:00PM
18 Choir Rehearsal 9:15AM Worship Service 10:30AM	19 Meditation 6:15PM	20	21 Yoga 8:00AM Mental Health Family Support Group 2:00PM Trans Inclusion Class 7:00PM	22 UCF Book Club 4:00PM	23	24 Deadline for October Newsletter
25 Choir Rehearsal 9:15AM Worship Service 10:30AM	26 Meditation 6:15PM	27 Pastoral Care Team Meeting 1:00PM	28 Yoga 8:00AM Mental Health Family Support Group 2:00PM Trans Inclusion Class 7:00PM	29		
					30	

Board of Trustees:

President: Susan Fetzer sgfetzer@gmail.com

Vice President: Tom Wentworth tom_wentworth@ncsu.edu

Secretary: Joe Ellen Essex jolnsx@yahoo.com

Treasurer: David Hughes ucfwelcomenc@gmail.com

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Minister: Micah Ma mma@ucfnc.org

Choir Director: Tom Cullison tcullison@ucfnc.org

Office Assistant: Jamie DeRose jderose@ucfnc.org

Facilities: Sandra Shelp shelpsk@yahoo.com

Worship: Marilyn Cullison mscullison@gmail.com

Finance: Jo Ellen Essex ucfwelcomenc@gmail.com

Membership: Nan Reed nanreed5@gmail.com

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