



OUR COASTLINE

Official Newsletter of the Unitarian Coastal Fellowship
Morehead City, NC

April 2023

OUR VISION STATEMENT

Our congregation's vision is to be a visible presence in the community, growing a just world through spiritual enrichment, compassionate action, and free religious inquiry.

A WELCOMING CONGREGATION

We are an intentionally diverse community, welcoming of and enriched by people of varying cultures, economic and ethnic backgrounds; by people of varying sexual orientations, gender identities and family compositions; by people of all races, ages and beliefs.



Dear Beloveds,

We have begun, at last, to describe ourselves: "UCF is..."

Loving. Compassionate. Pluralistic. Accepting, tolerant, welcoming, and inclusive. Spiritual. Dedicated to Beloved Community. Generous. A beacon. That's just a few of the words we came up with at our Coffee With the Board in March.

And what else? And *so what?*

What is our purpose? Why does it matter that the Unitarian Coastal Fellowship exists here, in the United States, in Carteret County? What is this building, this fellowship, in service of? What differentiates us from the Lions Club or any other service organization?

In March, I submitted my Interim Appraisal to the Transitions Office at the UUA. (The Board also submitted theirs; both will be available on the UCF website for anyone to read.) An excerpt from my report:

UCF is in the unique position of being one of the few liberal and/or pluralistic spaces in this county that not only will not shame someone—but will celebrate that person for who they are. This faith community assumes that people have the answers to their own spiritual questions and encourages critical thinking—something many people in

this county have never experienced from a faith community. This LGBTQ-affirming, environmentally conscious faith community is unique in this county, and UCF should not only be proud of that, but screaming it from the rooftops. *What is holding us back from being loud and proud about who we are?*

This congregation so longs to be seen—to be a visible presence in the community—and yet is strangely reserved about celebrating itself and the many things that make this congregation stand out. At last month's Coffee With the Board, the congregation was reluctant to claim the words "courageous," "leaders," and "radical." Part of knowing yourself is not only knowing who you are—it is about knowing how others see you, and the effect that you have on other people. How many other congregations in Carteret County would have supported a minister who started a gender transition less than a year into their tenure? And then renewed that minister for another year? How many other congregations in Carteret County would have spent years tirelessly working on Family Promise to support same-sex couples? How many other congregations in Carteret County actively support the NAACP and Citizens for Diversity in Education? How many other congregations in Carteret County preach about Daoism, celebrate Samhain, and hold classes on Buddhism? How many other congregations in Carteret County have an EV charger and are set up to be wired for solar panels?

There are, no doubt, people in Carteret County who see the Unitarian Coastal Fellowship as a bunch of freaks and heretics, dangerous to the established order. And there are also countless people in Carteret County for whom this congregation is a beacon of hope, life, and love, a place devoted to—and here I quote a young man who was deeply influenced by UCF— "structural peace, rather than structural violence."

I have no doubt that if there were a thousand more congregations like UCF in the United States, it would be a very different place.

So: what are we doing here?

Blessings

~Rev. Micah C. Ma



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President's Column

The generosity of this congregation is consistently apparent! As I write this letter in late March for the April newsletter, the pledge goal of \$140,000 for 2023-24 is within reach! Thank you to all who have pledged your money and time!

As President of the Board of Trustees, I want to assure you that your Board has heard that you want to begin a search for a full-time contract minister to begin service to UCF in August, 2024. We are taking the needed steps to make sure that happens. Each member will be asked who should be on the Search Committee. The members of the Search Committee should know the congregation well, be a trusted and responsive member of the congregation, and be willing to devote the needed time to the search. Members' choices will be collected, and those named will be contacted to determine their willingness to serve on the Search Committee. A slate of Search Committee members will be selected by the Board and this slate will be presented for ratification at the Annual Meeting in June and appointed by the Board.

The Board of Trustees has been busy planning for the selection of the Search Committee, working on safety and security plans for the building, and consolidating congregational input from the March Coffee with the Board on UCF Identity.

Please plan to participate in the April 16 Coffee with the Board. The topic will be UCF's Mission and Vision! We will look at our current Mission statement and Vision statement and discuss whether a revision is needed. Our current statements were adopted in 2013 so it's time for a review. The Mission Statement describes UCF's core purpose and whether the current mission statement reflects that core purpose. The Vision Statement should give us a picture of where we want UCF to be in five years, what we want UCF to become. I'm thinking of all that has happened since 2013: purchasing 2900 Bridges Street, remodeling the Rev. Sally B. White Center, tearing down an old sanctuary, building a new sanctuary, saying "Happy Retirement to Rev. Sally!", COVID, the interim ministry with Rev. Ma. I'm sure that you can name more changes at UCF that have happened in the past 10 years. I think just being in this new space allows us to think bigger about UCF because the small space we had at 1300 Evans Street may have limited our dreams. Please review the statements on the website ucfnc.org and come to the Coffee with the Board on April 16 so we can talk about them.

In Faith-

Susan Fetzer, President, Board of Trustees

Agenda Call

Please submit any agenda items for the UCF Annual Meeting in June to Susan Fetzer at sgfetzer@gmail.com before the May 18 Board of Trustees Meeting.

At the March Board of Trustees Meeting, the Board:

- Received Sarah Sutherland's resignation as RE Administrator and discussed some ideas for continuing Children's Spiritual Exploration. She will continue to be involved in UCF, just not as an employee.
- Reviewed the COVID policy and approved it without any changes.
- Began planning for Search Committee selection. Discussed bylaws changes to the Search Committee section.

Family Ministry

Sarah Sutherland Appreciation

Sarah Sutherland has been UCF's Religious Education (now Spiritual Exploration) Administrator for four years. She's not leaving UCF, but is resigning her paid position because she has been offered more hours in her position as a grant writer. Thank you, Sarah, for your work in getting so many projects up and running with the children of UCF, for supervising the nursery, for the stories selected and shared during A Time For All Ages during our services, for organizing family picnics and intergenerational services and events. You're leaving some big shoes to fill, but we will try to continue your good work with the children and youth of UCF.



Dear Families, Friends, Children and Youth,

When is it ever the right time to say goodbye to people you have known for a day, a week, a month, or maybe years. I really do have to say goodbye at this time as I am resigning from my position as Spiritual Exploration Administrator as of March 31 st 2023.

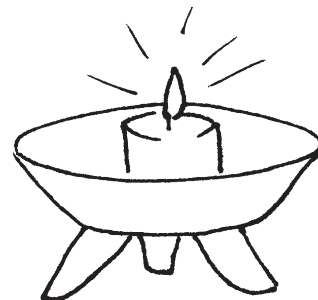
To the parents, I say thank you for sharing your children with me on Sundays. I have loved seeing their joy and happiness and sense of giving when they purchase gifts for the less fortunate through our Angel Christmas Tree Project. Making their own felt chalices, painting fish prints with dead fish, yes, dead fish! Decorating Christmas and Valentines cookies, tying Blankets of Love for the Carteret Hospital Cancer Center for the children and youth, decorating "caring card" for our UCF member and friends that might need a little pick me up because they might be sick or just feeling down. Playing in the nursery as we gather imaginary zoo animals for one of our visits to the Nursery Zoo, going on outer space missions with blocks and legos, reading *If You Give a Moose a Muffin* what will he put on his muffin? Blackberry jam, of course.

I say farewell to Charlie, Allen, Calista, Summer, Gracie, Sophie, Orion, Xander, Owen, Emily, Annabelle, Rilla, Hannah, and Gloria.

I say farewell to all the people in the Unitarian Coastal Fellowship. If by saying farewell, and not goodbye, it gives me the opportunity to come back and be a member of this wonderful community after a brief hiatus. Some maybe wondering why I am leaving. Here is why. I have been asked to extend my contracts with two NH non-profit organizations I write grants for to provide more research and development in order to gain more funding to implement additional programs and activities for the low income, underserved populations in their areas.

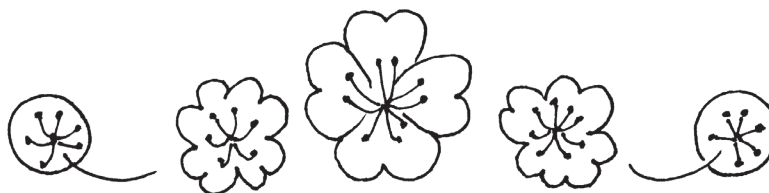
Farewell everyone, in Spirit and Love,

-Sarah Sutherland



Family Ministry

Do you need more FUN in your life? We are putting together some great activities for all ages.



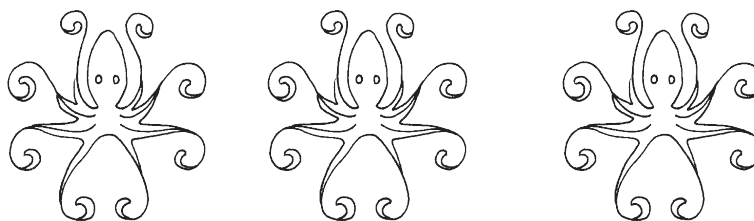
"THE EARTH LAUGHS IN FLOWERS."

-EMERSON

FIRST – Join us for **First Sunday Fun Day**, at **9 AM** for different creative activities on the first Sunday of each month. In April (04/02/23) we are going to **start our gardens!** Everyone is invited to plant flower seeds and vegetable seeds. This will either be in the Social Hall or on the patio depending on the weather. Together we will water them and watch them grow, then you can take your little babies home with you next month. We will have some disposable gloves to protect your manicure! There are many talented and creative people in our church who will be teaching us something new every month. Young and old alike are encouraged to participate. Got an idea for this? See Jo Ellen Essex or contact her at johnsx@yahoo.com



SECOND – Are you a child at heart? We have some of the prettiest, smartest, and craziest small children who would love to play with you in the **Nursery during the Service on Sundays!** Kai Holdmark is our Nursery Attendant, but we need a second pair of hands every Sunday to read, play games, and get to know our little ones. We take turns doing this, so please see Kai, Jo Ellen, or Rev. Ma to be put into the loop. Best job around!



THIRD – On the second Friday of each month we have **Family Game Night!** Together we celebrate monthly birthdays in the Social Hall, complete with cake. Yes, it can get a little rowdy, but the laughter is just what you need at the end of a week. We have games for grownups and games for kids, and new games always show up, so we are learning too. You don't have to bring anything (unless you volunteered to bring the cake that month), and it is nice to have a piece of cake while you are losing at UNO. This month we meet on Friday, April 14, at 6:30 PM. If you are an April baby, we will celebrate you! Hope you can make it.

Upcoming Services

April 2: Turning Toward One Another

- Rev Micah

A little bit of curiosity goes a long way. When we're curious about one another, rather than fearful, angry, or dismissive, that is the foundation for relationship--and for finding common ground. How might we build bridges and heal our relationships with curiosity?

April 9: A Communion of Flowers - Rev Micah

It's our very first Flower Communion in the new building! Come learn about this uniquely Unitarian Universalist tradition about beauty, rebirth, and joy. You can bring flowers from your garden to share, or just come and take away a flower when you leave.

April 16: Our Bodies, Our Selves - Rev. Micah

Our bodies are sacred, and also sometimes our bodies are difficult to exist in. The world is not made for all of our bodies. But those of us who were born "able-bodied" are really only temporarily able-bodied; at some point, all of us find ourselves grateful for ramps, hearing aids, large print, and audio assistance. Innovations for people with disabilities make the world more convenient and accessible for all of us, such as subtitles, curb cuts, and elevators. Justice for people with disabilities is justice for all of us.

April 23: Green Sanctuary Service - Tom Wentworth

We have just seen how good stewardship strengthens Unitarian Coastal Fellowship and its work in the world. How can we also incorporate respect for the interdependent web of all existence into our UU quest for beloved community? Members of UCF's Green Sanctuary will offer personal reflections about how respect for the Earth and the principle of reciprocity are critical to the continued existence of the human experiment.

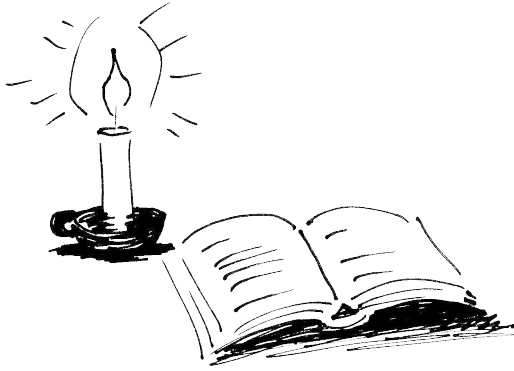
April 30: Welcome One and All! - Rev Micah

Today we welcome and learn more about our new members! Every new member teaches us something and helps us to grow--and brings us closer to Beloved Community. We're eager to get to know our new friends and neighbors and learn how we can better serve.

Upcoming UCF Events

The Women's Discussion Group Monday, April 10th at 12:30pm in the Social Hall

Our topic for March will be: **What is the most beautiful place you've been?** And, if you'd like, bring your top three or five. I will enjoy thinking about beautiful places I've been and hope you will too. Bring your lunch and hot tea will be available. If you would like more information about the Women's Discussion Group or would like to be added to our email list, contact Susan Roberts at landfall2@mindspring.com or 843-217-1885.



UCF Bookclub The UCF Book Club will meet on April 17, 2023 at the SBW Center to discuss the book "The Giver of Stars" by JoJo Moyes. Based on a depression era true story, a team of women are called upon by Eleanor Roosevelt to deliver books and became known as the Packhorse Librarians of Kentucky. "A celebration of love, but also of reading, of knowledge, of female friendship, of the beauty of our most rural corners and our enduring American grit." -The Washington Post

Please join us! For info contact Joan Burton at ldybg223@aol.com

Mental Health Family Support Group Wednesdays 3pm-4:30pm

The Mental Health Family Support Group is an opportunity to share experiences and challenges of having family members or friends who live with mental illness. Meetings are being held on Zoom. If you would like to join these meetings or would like more information, please contact Susan Roberts at 843-217-1885 or at landfall2@mindspring.com

Weekly Meditation Mondays 5:30pm-6pm

Come meditate with us on Zoom on Monday afternoons. You can sign on between 5:30 and 5:40 and meditation will be from 5:40 to 6:00. Each Monday of the month it will be led by a different person. For more information and/or to be added to the UCF Meditation emails and receive the Zoom links contact Susan Roberts at landfall2@mindspring.com or 843-217-1885.

Vespers:

Wednesday, April 5, 6:00 pm in the sanctuary, preceded by "**What is Spiritual Wholeness?, a Philosophy in the Afternoon discussion at 4:30 pm.** Join us for what promises to be an interesting and useful discussion.

Wednesday, April 19, 6:00 pm in the sanctuary, followed by a presentation about the Sister Communities of San Ramon, Nicaragua (SCSRN) by several members of UCF, sponsored by the Adult Spiritual Enrichment and the Social Justice committees This program will begin at 6:30 pm in the Social Hall. Presentations will include a brief history of SCSRN, a slide show about a recent week-long "UU and Friends" ecotour in the Central Highlands of Nicaragua, and testimonials by several program participants. An evening not to be missed!

Game Night:

Friday April 14, 6:30pm in the Social Hall

Upcoming UCF Events

Monthly Pop-up Potlucks start this month!

Spring is at hand and your membership committee is scheduling monthly pop-up potlucks at various locations, April through September. Please plan to bring a favorite dish to share and join us after our service on **Sunday, April 30th**. The fun and food will begin at noon at Rotary Park in Morehead City at one of the pavilions near the entrance. Looking forward to seeing you there!

Easter Egg Hunt

Looking for an Easter Egg Hunt on Easter Sunday? We will be having one right after the Flower Service on **April 9**. During the Service the eggs will be secretly hidden, so bring your best Easter basket to collect them. It will be truly EGGCITING! We will also be awarding prizes for the fanciest Easter Basket, most eye-catching tie, and the prettiest Easter bonnet. All ages are eligible to participate. Meet in the Social Hall after the service for instructions. Don't be a dumb bunny, hop on over to UCF for Easter!

Kitchen Cadets are needed

In our new wonderful kitchen, we have a few appliances with their own personality. They need special attention. Come learn about them plus learn about our expanded recycling program. You will be awarded Kitchen Cadet status. We'll meet **after the Sunday service on April 23**. Contact Miriam Green if you want more information.

UCF's Next Blood Drive

Mark your calendars! UCF will be holding a Red Cross Blood Drive on **Thursday, May 11th from 10 AM to 3 PM** in our Social Hall. There is always a big need for blood in our area. A team comes all the way from Greenville to spend the day with us – let's make it worth their while. And, if we get 30 units of blood, we get \$300 to spend on something we need. You can sign up for an appointment [HERE](#). Why wait?



Sister Community Celebration



Sister Communities of San Ramon, Nicaragua Building Ties of Peace and Friendship 1993-2023

30th Anniversary Celebration of our founding

Saturday, April 22, 3-5 pm

Durham Friends Meeting

404 Alexander Ave, Durham, NC 27705

Join us for an afternoon of celebration. Children and grandchildren welcome! Child-centered activities include Piñata and treasure hunt. Larry Gomez, our popular eco-tour planner and guide will speak about how SCSRN changed his life and what our eco-tours over the past 24 years have meant to the many in San Ramon who provided homestays and activities. Gorgeous crafts handmade in San Ramon will be for sale along with artisan chocolate from Mulukakao, the company owned by our executive director Anjie Price and her husband.

UCF has financially supported Sister Communities for many years and many of our members have attended their Ecotours.



Green Sanctuary News

Fifth Sunday Offering

Our fifth Sunday offering in April will be **Coastal Carolina Riverwatch and the White Oak Waterkeeper**, suggested by UCF Green Sanctuary. Coastal Carolina Riverwatch (CCRW) is a water quality advocacy nonprofit, serving the White Oak River basin, and representing thousands of eastern North Carolina citizens committed to protecting our local waterways. Our mission is to protect the quality of water and quality of life in coastal NC. We do this through strong advocacy, and boots-on-the ground research and programming in local communities. What makes us different from other local environmental organizations is our collaboration and research-based advocacy. We collaborate with key stakeholders in the community like UCF's congregation, and we listen to your voices to prioritize our work.

Some of our projects include: Water Quality for Fisheries and our short film Tidal Alert, Emerging Contaminants and PFAS, Microplastics study, Pure Farms Pure Waters, and our community Advocacy Working Group. CCRW is a small, but mighty, two staff organization that works to fill many gaps in service to our local communities. Your financial support provides our Executive Director and White Oak Waterkeeper with resources like water monitoring lab materials and community water quality events, to ensure all creeks, rivers, and sounds are safe for fishing, swimming, and drinking. For more information on CCRW's work and to subscribe to the newsletter, visit our website at <https://coastalcarolinariverwatch.org/>

We Need Your Bras!

Ladies, as you clean out your closets and organize your drawers consider donating your gently used or even worn-out bras to a good cause. The Green Sanctuary and Social Justice committees will be collecting bras for "The Bra Recyclers" during the month of May. This organization recycles used bras and new underwear, giving them to those in need. For more information about this organization visit <https://www.brarecycling.com>. There will be a collection box in the Sanctuary ladies' room. Thank you for keeping items out of the landfill and giving them to a good cause!

Renewable Energy Symposium

During Earth Week, NC Interfaith Power and Light (NCIPL) is holding a renewable energy symposium on **Thursday, April 20, 1-6 pm**, at Carteret Community College in the Bryant Center. The symposium will include presentations by Solar Installers, Wind Advocates from the Southeastern Wind Coalition, Duke Energy, and Carteret Craven Electric. UCF members can help out by staffing the Table for NCIPL and passing out their literature on why climate change is our moral responsibility. NCIPL's mission is to help facilitate a just transition to clean energy. Postcards to send our Congress people will be available at the event. If you have questions or to volunteer to help, contact Penny Hooper at pjhooper@ec.rr.com.

Earth Day Cleanup

Celebrate Earth Day with Carteret County's annual county-wide cleanup day, scheduled for Saturday, **April 22, 2023, from 9 am to noon**. There are clean-up stations throughout the county; there's probably one near you. Sign up at litterfreelandandsea.com.

UCF is 100% Green!

Remember the song, - Bein' Green – sung by Kermit? Well, he was right. It's not easy bein' green. Here at UCF we do our best to stand for doing the right thing. So look around – where is all the 'green'?

When the sanctuary was being designed, the NBT (New Building Team) was asked to make sure that solar panels could be put on our roof. So the NBT had the contractor engineer the roof to support the extra weight of solar panels. Where are the panels? The solar panels – and wind turbines – are so well incorporated into our building, you can't see them. And that is the issue. Most members and certainly most anyone passing by our campus do not realize that **UCF is 100% green.**

Way back when we lived at 1300 Evans St we were a wind powered church. (This is a perfect place for a pun about talking too much.) When our campus was completed we are once again wind (and now also solar) powered.

Let me explain. We paid Arcadia Power for our electricity. Arcadia took a percentage of our Duke Energy bill to pay for buying renewable energy – wind turbine electric energy. Arcadia then paid Duke. This round about way of paying for electricity is a little more expensive, but we can say in all honesty, that our entire campus is green, renewable electric power. We installed a car charging station - a way to cut down transportation emissions – and that is all renewable electric power. A double punch for our environmental dollar.

The Benavides family – members who gifted UCF with a solar panel when they moved back to Peru – started UCF on using Community Solar. Unlike Arcadia Power to whom we pay a premium for clean energy, Community Solar pays a credit on each electric bill, depending on how much energy the panels put on the electric grid. Attached is a copy of our Arcadia bill for December 2022.

Respectfully,
Dan Phillips

Arcadia
555 11th Street NW
Washington, DC 20004
United States
support@arcadia.com

Account information:
David Hughes
ucfwelcomenc@gmail.com
2900 Bridges St, Morehead City, NC 28557

Statement for ucfwelcomenc@gmail.com

Billing period	Payment date	Payment method	Energy usage
Nov 22 - Dec 21	December 30, 2022	Account with FIRST CITIZENS BANK & TRUST COMPANY	3544 kWh

Product	Amount
Duke Energy Utility	\$464.53
Wind Energy	\$53.16
Community Solar	-\$20.03
Total	\$497.66

Try joining a committee!

The best way to get to know new members as well as the old is to “sample” some of our committees!

The Finance Committee (FC) is not just about money, it is also about how we help all our committees reach their goals. Our calendar organizes us to help with the Annual Campaign, and then we brainstorm new ideas for fundraising. When someone in the congregation has suggestions for an improvement that might cost money that has not been budgeted for, FC is all about creative financing and bringing it up to the Board of Trustees. We encourage you to join one of our monthly zoom meetings and see what we do on Finance! Contact Dave Hughes or any member of FC.

The Children’s Spiritual Exploration Group welcomes you to brainstorm with us about new activities, family picnics, and helping us attract more young families into our intergenerational congregation. Now that we finally have a beautiful space, we want to fill it with kids, art and opportunities for spiritual growth for our youth. “Boots are on the ground” in planning an after school Youth Group from Morehead Middle School, and we are excited to begin hosting Our Whole Lives (OWL) classes for middle and high school age kids. We will bring up our ideas to the Leadership Council for their help, but we sure would like your input. Please contact Rev. Ma, Jo Ellen Essex or Lauren Donnachie for an update on these activities and our next meeting.

The AV Team is much like the “A Team”! They do an amazing job every Sunday helping our service go out to those who cannot make it to church. They are getting some exciting new equipment and learning how to use it. We would love for you to join, help learn the ropes, and spread the duties. Many brains make light work, and we “pity the brain that is not being used.” (Okay, if you are too young for ‘A Team,’ you won’t get this. Sorry!) Contact Barb Thomas to be a part of the AV Team.

And don’t forget the **Building and Grounds Committee**! This is by far the most important committee at UCF, if we do say so ourselves! We organize the various maintenance schedules, so that nothing gets overlooked, and everyone in our congregation can help in some way. Until we can afford a sexton to do many of these small duties, we must share the jobs. See the list posted on the bulletin board for the jobs we need done periodically. Join us to brainstorm projects around our campus – we are all caretakers of UCF. Sandra Shelp, Bob Thomas, Dan Phillips, and John Brobst are some of the fun members of this committee, and we hope that you will join us.



New Members



New Member Biography

Kai Hostmark was born in Maryland, but grew up in Morehead City. Family is her mom, and a group of close friends. She graduated from West Carteret High School, and plans to pursue a career in engineering. She is currently working at Crystal Coast Gymnastics, and has had no religious background or affiliation until now. She learned of UCF from a friend. Kai loves video games, anime, and cooking—is a commission based digital artist and she pursues various crafts in addition to her artwork. We are so excited to welcome Kai to our UCF community, and look forward to getting better acquainted. She certainly brings talents, youth and vitality to our midst.



New Member Biography

Many of you are already familiar with Wes Whitehurst from his pledging testimonial from the pulpit as a new member of our congregation. I was really inspired by what he had to say and very happy to interview him over a 2 hour lunch for this greatly condensed interview! Wes graduated from West Carteret High School in June 2020 and while there, he played the trumpet in the Marching Band. He also achieved his Eagle Scout award while he was in high school, and his project involved the Maritime Museum Boat House walking trail in Beaufort. Wes will be graduating from Carteret Community College with an AA degree soon. He would like to become an author and he is working on a book about supernatural beings which sounds quite exciting! He works at Clawson's part time to pay for school. Wes said he was happy to find a congregation where the core beliefs were the same as his, especially on inclusivity. He enjoys the like-minded people he meets here and the lack of hypocrisy among our congregants. We are so happy to welcome Wes to the Unitarian Coastal Fellowship!

Questions from the Finance Committee

Finance Committee is **looking for a cleaning service** that would be available for when we rent our building. If you are aware of a reliable service with reasonable rates, can you have them give us an estimate for cleaning up after a rental affair?

Do you have **items for a church yard sale**? The Finance Committee is trying to determine if there is any interest in holding a yard sale this Spring. Please contact Dave Hughes, Jo Ellen Essex, Lauren Donnachie or Mary Anna Newman.



Church Building Security

The Building and Grounds Task Force has discussed various ways to ensure the security of our campus. Our goals are to increase deterrents to prevent unwanted visitors, give educated and reasonable access to the buildings to those who need it, and define procedures for accessing and securing the buildings. There are 4 focus areas.

1) Deterrents:

Video cameras and warning signs have been installed at the Church Street entrance of the Sally B White Center and Church Street entrance of the Sanctuary Building. We concluded that lighting from the UCF campus, from our neighbors, and from the city, provide adequate lighting for our campus.

2) Door Management:

Most of our doors can be awkward or difficult to manage without hands on training. We are confident that the reason our doors have been left unlocked is that people do not know how to lock them. We have documented how each door is locked and unlocked, from outside and inside, permanently, and temporarily, and how to make sure a door is locked. We will offer classes to whoever needs that training. This training is critical to anyone needing access to our buildings. Everyone needs to understand that it is not possible to get locked inside our buildings. There is always a push bar or door handle that will open the door. Everyone needs to be trained to never take a key from a key box to inside the buildings.

3) Lockup procedure:

On Sunday, the service helper team will be responsible for ensuring all Sanctuary Building exterior doors are locked unless there are additional meetings taking place. If there are additional meetings taking place, the service helper team will ensure some qualified person will assume that responsibility. The Religious Exploration administrator will ensure that the Sally B. White Center is secure. At other times, the leader or scheduler of additional activities in the Sanctuary Building or Sally B. White Center will execute the lockup procedure. Never assume there is someone else in the building(s) who will lock up. Always assume it is you.

4) Access to buildings:

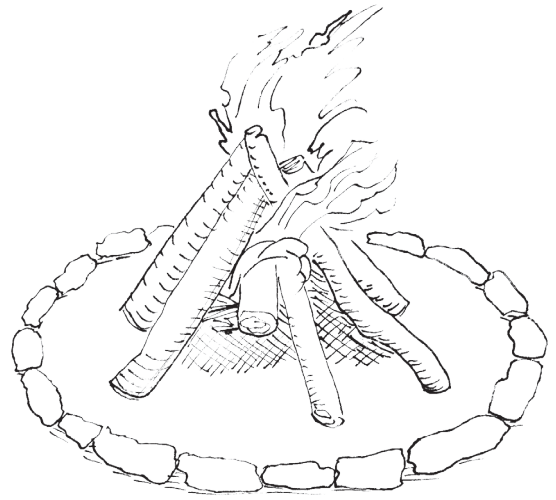
Non-UCF organizations will not be given direct access to our buildings. There must always be a UCFer to unlock/open/lock the doors. The key box on the Sally B. White Center has been moved higher up on the wall but still accessible by someone in a wheelchair. A new key box has been installed on the Sanctuary Building. It is mounted on the wall and accessible by someone in a wheelchair. This will provide easier access plus prevent additional damage to the door handle. We save the existing hanging key box for use on future projects. Eventually, we will change the existing combination on each of the 2 key boxes. We will use the same combo on each box. Using a single combination will simplify access by UCFers who need access. We will recommend this change take place and notify the congregation after a critical mass has received security training. UCFer's needing direct access to our buildings will be given the combination or a key by the Building and Grounds Committee chair. The chair will send changes to the administration person keeping track of keys.

Many thanks to Dan Phillips, Bob Thomas, and John Brobst who provided the labor to improve our security.

Tips from the Team

Pastoral Care Tip

Listen with empathy, and let a person tell their story without interrupting. Listening well is the foundation of all helping relationships. We all have a need to be heard and have our feelings acknowledged. Give the person you complete attention, not only with your ears but also with your heart and mind.



Green Tip

Often when I go into the supermarket, I look in the paper goods aisle for environmentally sustainable toilet paper. It can be hard to find, but with a little sleuthing you can come up with some viable alternatives to the tree-hungry brands featured in your average grocery store. I've used Seventh Generation (100% recycled) for years; it's available in many health food stores or can be ordered directly from the company. Green Forest is a brand that's sometimes available locally, too. Who Gives A Crap (the real name!) has a reputation as a great product by mail-order, again 100% recycled paper. Some folks like the bamboo alternative, and there are companies that give back by providing sanitary facilities overseas. When you consider that 27,000 trees are cut down every day to make toilet paper, it's well worth considering some alternatives!

<https://earthfriendlytips.com/best-eco-friendly-toilet-paper/>

April Events

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
2 9am Choir Practice 9am First Sunday Fun 10:30am Service	3 5:30pm Meditation	4	5 3pm Mental Health Family Support Group 4:30pm Philosophy in the Afternoon 6pm Vespers	6 10am Leadership Council	7	1/8
9 9am Choir Practice 10:30am Service 12pm Easter Egg Hunt	10 12:30 Women's Discussion 5:30pm Meditation	11 11:45 Art of Worship 4pm Building and Grounds Task Force 4pm Finance Committee	12 3pm Mental Health Family Support Group 3pm Racial Justice Film 6:30pm Racial Justice Film and Discussion	13 2pm ASE Meeting	14 6:30pm Game Night	15
16 9am Choir Practice 10:30am Service 12pm Coffee with the Board	17 4pm Book Club 5:30pm Meditation	18 6pm NAACP Meeting	19 3pm Mental Health Family Support Group 6pm Vespers	20 5pm Board of Trustees Meeting	21	22
23 9am Choir Practice 10:30am Service 11:45am Kitchen Cadet Training	24 Coastline News Due 5:30pm Meditation	25	26 3pm Mental Health Family Support Group 3pm Worship Committee 5pm Buddhism Video	27	28	29
30 9am Choir Practice 10:30am Service						
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The UCF Team

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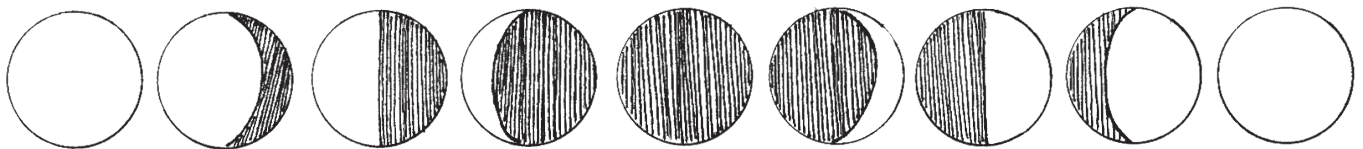
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