June 2023

OUR VISION STATEMENT

Our congregation's vision is to be a visible presence in the community, growing a just world through spiritual enrichment, compassionate action, and free religious inquiry.

A WELCOMING CONGREGATION

We are an intentionally diverse community, welcoming of and enriched by people of varying cultures, economic and ethnic backgrounds; by people of varying sexual orientations, gender identities and family compositions; by people of all races, ages and beliefs.

Dear Beloveds,

OUR COASTLINE

Official Newsletter of the Unitarian Coastal Fellowship

Morehead City, NC

It's been a year since we've been in the new building; it's also been a year since I came out to y'all as transgender. What a year! I find myself on a parallel journey with this congregation as we both navigate this new chapter in our respective lives. We are both relearning who we are and how we want to show up in the world.

There have been things I didn't expect, like six months ago when half of my clothes abruptly stopped fitting my body. (If you've noticed that my Sunday morning attire has become very casual, this is why!) I struggle with knowing when to correct people on my pronouns and when to leave it alone. I'm also anxious sometimes, especially about using the bathroom in public. Sometimes I stop at the church on my way home from the Atlantic Beach movie theater, rather than use the bathroom with other people.

I know these are struggles the Unitarian Coastal Fellowship has had too, in the past year. There has certainly been plenty of the unexpected, from an unusually high water bill (don't worry, we straightened it out!) to staff resignations. We're trying to be welcoming, while also being clear that we're committed to diversity and inclusivity (and therefore do not welcome elements that would threaten diversity and inclusivity). As we prepare to tackle a strategic growth plan that will require us to be more bold about claiming our place in the Carteret County ecosystem, we're nervous about ruffling feathers.

But just as I have not been wrestling with these issues alone–I have the support of friends, family, colleagues, DRUUMM (Diverse Revolutionary UU Multicultural Ministries), and TRUUsT (Transgender Religious professional UUs Together)–know that UCF is not alone in its struggle either. We have so many friends here in Carteret County! The NAACP, Sierra Club, Carolina Coastal Riverwatch, and Crystal Coast Proud are all our allies in nonpartisan work to strengthen democracy, preserve a healthy environment, and pursue justice and equity in human relations. We're also making new friends at Carteret Community College, and in the years to come we'll make even more friends and allies.

And beyond Carteret County, we are part of UU Justice North Carolina, which in turn works very closely with Blueprint NC, a coalition of 60+ organizations across North Carolina that range from faith-based institutions to environmental nonprofits to racial caucuses to worker alliances. Blueprint NC is building a rapid response network of trained medics and de-escalators to help maintain safety at rallies, vigils, election sites, and events. Four of us attended a de-escalation training in mid-May and met two dozen others–some UUs and many not–from eastern North Carolina who understand ourselves to be engaged in the same work of building an inclusive democracy. They assured us, "We'll come stand in front of your building any-time!"

We face nothing alone. Together we can handle anything that comes our way. We're part of an incredible movement, and that's indeed something to be proud of.

~Happy Pride Rev· Micah C· Ma

Table of Contents

Page 4-5	President's	Column
I uge + J	I restaent s	Column

Family	Ministry
	Family

- Page 7Upcoming Services
- Page 8-10Upcoming UCF Events
- Page 11General Assembly
- Page 12New Art Show and Membership News
- Page 13Happy Pride
- Page 14Meditation Space and Building and Grounds News
- Page 15Tips from the Team
- Page 16June Events
- Page 17The UCF Team

As a founding member of the Unitarian Coastal Fellowship, I've seen the it grow from a handful of people meeting once or twice a month in homes and holding lay led services at the Webb Library to a congregation with two buildings, a full-time minister, with activities on most days of the week. From a tiny group looking for others sharing similar values to a fellowship that demonstrates to the community that we live our values, the Unitarian Coastal Fellowship is dreaming big and living boldly! Our Annual Meeting is next week and we will make decisions that will affect our next steps.

By the time you read this newsletter, you will have received a packet of materials and a ballot for the 2023 Annual Meeting of the Unitarian Coastal Fellowship in your email inbox. Early voting is open and I urge you to take the time to read the materials and to vote using the Google Forms ballot. There are several important issues on the agenda and ballot.

The 2023-2024 Budget. The Finance Committee had a goal of increasing pledges by 30% to make our dreams for UCF come true. The members and friends of UCF came through with pledges of \$138,346! A big thanks to all who pledged so that UCF can continue to be a beacon of faith, with a vision of social justice and spiritual connection.

Slate of officers for the Board of Trustees. Miriam Green and Susan Roberts are nominated as Co-Secretaries; they will share the position which has one vote on the Board. Joan Burton is nominated for Treasurer. These officers will each serve 2-year terms and will join Susan Fetzer, President; Tom Wentworth, Vice-President; and Linda Rudd, Leadership Council Trustee who have one year remaining on their terms on the Board. Barb Thomas is on the ballot for the Nominating Committee, joining Mark Hooper and Tom Cullison whose terms expire in 2024.

A bylaws change for the Search Committee. This change will mean that UCF will use the best practices of the UUA recommendations as far as size, formation and selection of a Search Committee. The Eighth Principle. At the recommendation of the Racial Justice Group, the Board has placed this item on the ballot. If passed, UCF will join over 200 UU congregations who have adopted this principle, and the fellowship will continue the work to build a diverse and multicultural Beloved Community to dismantle racism and oppression. There have been discussions about this principle at UCF, articles in the UU World, and articles on the website www.uua.org. Please contact me or refer to these sources if you have questions.

Progress Flag at UCF. This is a question of support for installing a nautical flag pole on the campus of UCF to fly the American flag, the Progress Flag, and to rotate a third flag that also represents UCF values. Please contact me if you have questions before you vote and I'll get you in touch with the Welcoming Congregation Team.

President's Column Cont.

Search Committee The Board proposes these members of the Search Committee: Tom Cullison, Miriam Green, Penny Hooper, Amy Jones, and Sarah Wax. A yes vote will support the appointment by the Board of these five members to be a Search Committee for a full-time contract minister. These five people are responsible, trusted members of the congregation and each will bring a knowledge of UCF's past and dreams for its future to the Search for a minister.

These items represent the commitment and work of this fellowship. Please vote by using the Google Forms, or plan to attend the Annual Meeting on June 11 after the worship service. A quorum of 50% of the membership is needed for the bylaws change. Your voice is important—make it heard by voting in the Annual Meeting.

Sincerely, Susan Fetzer

ANNUAL MEETING

Sunday, June 11, 2024, at 12:00 noon is the date and time of the Annual Meeting of Unitarian Coastal Fellowship! Please mark your calendars to attend. Virtual attendance and absentee voting will also be possible. A quorum of 50% of members is required for being able to vote on a bylaws change which will be sent with the agenda 2 weeks before the meeting.

Reminder—agenda items must be submitted to Susan Fetzer, President, before the Board meeting, 5 pm on May 18.

NEWS FROM THE BOARD

June 4 Coffee with the Board Stay after coffee on Sunday, June 4, for Coffee with the Board. This will be a chance for discussion of items on the ballot of the Annual Meeting such as the proposed bylaws change, the 8th Principle, flying the Progress Flag, and the budget. You may also talk with your General Assembly delegates about Article 2 of the UUA bylaws; there will be a vote at GA later in June on whether to advance the recommended revision for study and vote at the 2024 General Assembly. Susan Fetzer, JoEllen Essex, and Rev. Micah will be going to Pittsburgh for GA, and Holly Rogers will be attending virtually.

Storm Readiness at UCF June is the beginning of summer and the beginning of hurricane season. The Board has reviewed the Natural Disaster Policy and will be contacting those who volunteered last year to help with storm preparation and clean-up to determine ability to volunteer this year. If you didn't volunteer last year and are available this year, please see a Board member to get added to the list. Supplies for storm preparation have been checked and will be replaced as needed. To see the Natural Disaster Policy which addresses UCF's response to hurricanes and tornados, go to page 22 of this link-- <u>https://ucfnc.org/wp-content/uploads/2023/04/Policy-Manual-2-update-4-16-23.pdf</u>.

Family Ministry

We had a SMASHING good time at last month's First Sunday Funday! We made "get well soon" and "thinking of you" cards and made (and smashed!) a pinata.

See you at 9:30am on Sunday, June 4th for our next First Sunday Funday!



Also, on **Friday, June 9th** we're celebrating the end of the school year with a GRADUATION PARTY! Come by after school (around noon) for pizza, ice cream, and a good time. All are welcome, but especially educators, parents, and students who need to celebrate surviving yet another school year!



Upcoming Services



June 4: Look for the Helpers - Rev Micah

The world, especially right now, seems like a very, very scary place. It seems like we're hopelessly divided and that people are more selfish than ever before. And yet, the world is full of stories—both past and present—about how humans have come together to overcome impossible odds. We're better than we think we are.



June 11: Communion and Community - Rev Micah

The words "communion" and "community" share the same Greek root: koinonia. When we come together into community–and when we partake in communion–we become part of something bigger than ourselves, something greater than the sum of our parts. Join us today for a tradition we haven't partaken in for several years now: Bread Communion! And our Annual Meeting.

June 18: "We Are All Born Naked ... " - Rev. Micah

...and the rest is drag." That's a quote from RuPaul, America's most famous drag queen and host of RuPaul's Drag Race. What he means is that all of life is, in many ways, a performance. What can we learn from drag queens about authenticity and the labels we put on ourselves and others?



June 25: Journey (a Touchstones Service) - Marilynn Cullison

While we often think of a journey as being something long and, sometimes, arduous, the original meaning of the word was limited to a day's work or a day's travel. There are different kinds of journeys and perhaps in any journey, we should value time more, and hold each day precious.

Upcoming UCF Events

The Women's Discussion Group Monday, June 12th at 12:30pm in the Social Hall.

Bring your lunch and your memories. Our topic for June is what is the worst date you ever had? And, I'd love to also hear about your best date ever. For more information about the Women's Discussion Group or to be added to our email list, contact Susan Roberts at landfall2@mindspring.com or 843-217-1885.

UCF Bookclub Monday June 19th at 4pm

Join us to discuss the book "The Elephant of Belfast" by S. Kirk Walsh on in the Sally B. White Center. Based on a true story, this tale tells the story of a young zookeeper who is in charge of a 3,000lb elephant named Violet and her determination to protect her in her garden, during the bombings in Belfast during WW2. For more information contact Joan Burton at 201-669-1519 We'd love for you to join us!

Mental Health Family Support Group Mondays 3pm-4:30pm

The Mental Health Family Support Group is an opportunity to share experiences and challenges of having family members or friends who live with mental illness. Meetings are being held on Zoom. If you would like to join these meetings or would like more information, please contact Susan Roberts at 843-217-1885 or at landfall2@ mindspring.com

Weekly Meditation Mondays 5:30pm-6pm

Come meditate with us on Zoom on Monday afternoons. You can sign on between 5:30 and 5:40 and meditation will be from 5:40 to 6:00. The first Monday of each month we will meet at UCF for a coloring meditation led by Sandra Shelp. The Zoom sessions will be guided by either Holly Rogers, Daryl Walker, Virginia Woodhead, or Susan Roberts. We enjoy experiencing a variety of meditation styles. Please contact Susan Roberts at landfall2@ mindspring.com if you would like to be added to the meditation Zoom email list.

Game Night Friday, June 9, 6:30pm

Join us for a family friendly game night in the Social Hall! We always celebrate the month's birthdays with a birthday cake and play both familiar and new-to-us games. Won't someone teach us how to play Dungeons & Dragons?!

Vespers Wednesday, June 7 and 21, 6pm

A short, contemplative worship service of singing, readings, candle lighting, and silence. Stop by for a midweek breather!

Philosophy in the Afternoon Wednesday, June 7, 4:30pm

Do you love tackling the profound questions of life? Or maybe you have an unanswerable question that you'd like to discuss? Then this is the place for you! Join us around a table as we ponder thought experiments and try to figure out the meaning of life.

Buddhism Video Wednesday, June 28, 5:30pm

Join a group of curious seekers as we learn more about one of the world's largest religions! Learning is always better in company. We will watch an explanatory video and discuss it afterward. We value multiple perspectives!

UCF News

New Hospitality and Culinary Arts Center Tour

UCF Green Sanctuary and Adult Spiritual Enrichment will sponsor a wonderful event on **Thursday, June 29**, **2023**, starting at 10:00am. We'll tour several buildings at Carteret Community College: the new Hospitality and Culinary Arts Center, the NCMARTEC boatbuilding facility, and finally the Aquaculture and Horticulture Programs in the Howard Building. The tour (1½ to 2 hours) is fun for adults and teens (7th grade and above). The Aquaculture Program is definitely a highlight for everyone. Typically, participants walk to each building, but if anyone needs assistance this way, it is possible to drive from the Culinary Center to a parking lot that is between and close to the other two buildings. Please meet at CCC's Hospitality and Culinary Arts Center at 9:50 am so we can start the tour on time; plenty of parking is available and it's an easy building to find. Interested? Contact Lauren Donnachie at lsdonnachie1@gmail.com or Holly Rogers at hollyer54@yahoo.com so we can get an idea of who's coming. Be sure to join us for what promises to be a very enjoyable morning!



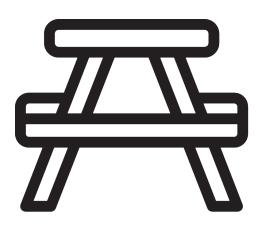
Family Pride in the Park

Crystal Coast Proud is holding their second annual Family Pride in the Park event on Saturday, June 10th in the afternoon.

The exact time is not available at the time of the deadline for the Coastline. We will inform you of the time in the Wave. The event will be held in MLK Park in Morehead City, between 10th and 11th St. You can park at the depot. UCF will have a table there with some giveaways and information about our church. All are welcome to come by. It is family friendly and there will be activities for kids.



UCF News



Picnic Favorites Potluck

Picnic Favorites Potluck will be an early celebration of Summer Solstice, happening **Wednesday June 14 at 5:30 pm** in the Social Hall! Bring in your favorite picnic food to share. This is NOT a Plant-based dinner!!!!! No Adult Spiritual Enrichment Wednesday events will be scheduled in July or August (we'll try to have Lay-led Vespers on the first and third Wednesdays), so let's have a great big meal to celebrate Summer and lay-low Wednesday evenings. Please respond with what you would like to bring to hollyer54@yahoo.com, or call me at 509-607-2055 Thank you!



UCF Sanctuary Chair Update

UCF's beautiful sanctuary chairs in the photo below were inspired by the chairs included in the renovation of Beth El Synagogue in Durham. Our member, Miriam Green, visited that Synagogue with her friend, Sandy Berman, who led the renovation. The old pews at Beth El were used to create beautiful chopping boards. The chopping board in the photo below is a gift to our congregation from Sandy. The engraved area, in Hebrew, reads "SABBATH PEACE". You can see the chopping board in the social hall or kitchen.

General Assembly



UUA GENERAL ASSEMBLY PITTSBURGH · JUNE 21 - 25, 2023

General Assembly June 21 - 25 Pittsburgh, PA

General Assembly is the annual conference of the Unitarian Universalist Association, where UU congregations gather to vote on business, learn from each other, and also generally have a good time! There are workshops, business meetings, dances, worship services, and an enormous exhibit hall. If you've never attended, it can be overwhelming–but it's also an amazing opportunity to experience thousands of Unitarian Universalists all in one place.

This year, there are two very important pieces of business that delegates will be voting on.

Article II Revisions: Three years ago, the Article II Study Commission began their work studying and revising Article II of the UUA bylaws. This is the section that contains the Seven Principles and the purpose of the UUA and hasn't been revised since 1987–so we're overdue. The Commission released a draft of the new Article II in its report, which can be found here (page 19). The proposal replaces the Seven Principles with seven Shared Values, with Love at the center. The vote at this General Assembly is simply to move ahead with the process and continue refining this new Article II, with the vote to actually adopt it as the new Article II occurring at the 2024 General Assembly.

UUA President: Rev. Dr. Sofia Betancourt is the sole candidate for UUA President, with no other candidates having emerged during the nomination by petition period. She is the child of immigrants from Panamá and Chile, grandchild of a seventh-generation Unitarian, and has served as a religious educator, a parish minister, and seminary professor. In 2017 she was one of the three interim co-Presidents of the Association.

This year's delegates to General Assembly are Rev Micah, Susan Fetzer, and Jo Ellen Essex. Let us know how you'd like us to vote!

New Gallery Art Show



Sarah Wax with Allen and Summer posing with Sarah's paintings

We are pleased to announce that a new art show featuring Sarah Wax's wonderful paintings is now on exhibit through June in our gallery in the Sally B. White Center.

Sarah discovered her love for painting in high school and even got accepted into the UNC School of the Arts high school program for visual arts. After high school, she did a fun glassblowing internship as well. Sarah then went to college for art, but didn't end up liking the major or the school and switched both! Eventually Sarah left her career in nutrition, had kids, and decided she wanted to be at home and take her time finding her way. She needed the elusive "gap year" she'd been hearing about. It turned into "gap years" due to COVID, but she found painting again! Sarah is thrilled to be back at it and bringing commissions to life. One thing she has learned on her journey so far, is to NEVER be afraid of changing your mind!

All of Sarah's paintings are for sale, so if you fall in love with one, please let her know. In addition, Sarah has generously brought in copies of the 2023 calendar that features her artwork on each page. The calendars are in available at no cost in the Social Hall on the table under the television.

Membership Committee News

While the Membership Committee has some very specific functions at UCF, the notes below emphasize the importance of all UCF members and friends to engage with newcomers. Thank you for being such a friendly congregation! Building and maintaining our membership is integral to the longterm success of UCF, so please do not hesitate to get involved, offer suggestions and new ideas. Our next meeting will be held on **Thursday, June 8th at 3pm** in the SBW Center Room 7. Anyone is welcome to join in; sub-sequent meetings are on the Breeze calendar. If you wish to help greet vistiors before Sunday services, please email me directly. Nan Reed nanreed5@gmail.com

"I just wanted to say what a lovely experience I had visiting with all of you yesterday. I spoke with so many lovely people who were all so enthusiastic with all that your UU church had to offer. Next time we are visiting the area again, I will certainly be attending a service with you! If anyone is up in our neck of the woods, they should let me know!" Kate McGaw 757-206-3128 Williamsburg Unitarian Universalists

"Hi Micah- hope your week is great! I enjoyed my time with you at worship on Sunday. You have a special place. Just thinking about your Fellowship this evening and thought I would say hello! I'm not sure what is next for me, so I can't say if we will cross paths again. But I hope we do." Joe (your RV friend)

Happy Pride Month!



The Stonewall Uprising

HAPPY PRIDE MONTH! What is it all about?

LGBTQ+ Pride Month is celebrated each year during the month of June to acknowledge and honor the Stonewall Uprising in New York. (As noted by the STONEWALL Veterans' Association, the reference to these events as the Stonewall Riots was initially used by police to justify their use of force.) Police raids of LGBTQ+ establishments occurred frequently but when they raided the Stonewall Inn, a gay bar in Greenwich Village, on June 28, 1969, members of the LGBTQ+ community fought back against the years of abuse, discrimination, and anti-LGBTQ+ laws.

While the Stonewall Uprising did not initiate the gay rights movement, it is widely considered to have galvanized the LGBTQ+ community and launched a new era in the fight for LGBTQ+ rights in the United States. The name "Pride" was given to the month to encourage the feeling of pride as the LGBTQ+ community and allies gather to celebrate and support LGBTQ+ rights. Pride events attract millions of participants to honor the Stonewall Uprising and to recognize the impact that LGBTQ+ individuals have locally, nationally and internationally. Pride also acknowledges the members of the community who have been lost to HIV/AIDS and hate crimes and draws attention to the issues and discrimination the LGBTQ+ community still faces today.

In acknowledgement of the significance that the Stonewall Uprising had on the LGBTQ+ rights movement, the Stonewall Inn was declared a historic landmark by the city of New York in 2015 and in 2016, President Barack Obama named it a national monument.

Pride events attract millions of participants to honor the Stonewall Uprising and to recognize the impact that LGBTQ+ individuals have locally, nationally, and internationally. Pride also acknowledges the members of the community who have been lost to HIV/AIDS and hate crimes and draws attention to the issues, inequality, and discrimination that the LGBTQ+ community still faces today.

Pride celebrations are diverse and often include marches, parades, festivals, and concerts.

There are several days in June that hold a special significance as we celebrate Pride.

□ June 12—Pulse Night of Remembrance

□ June 19—Juneteenth

□ June 26—LGBTQ+ Equality Day and the anniversary of the legalization of same-sex

marriage in the U.S.

- □ June 27—National HIV testing day
- $\hfill\square$ June 28—Stonewall Uprising Anniversary

Meditation Space Volunteer Needed

Do you love to take a few moments out of a busy day to just sit and "be" in a lovely place? Do you enjoy sketching your ideas for the perfect meditation site?

The UCF Common GroundsTask Force wants to talk with you!! We're looking for someone to take a co-leadership role in planning a Meditation Space on the grounds of the Fellowship. This would be an ideal task for someone in UCF not currently in a major leadership role but who would like to be involved in a meaningful and focused activity that features art, design, and spirituality. There are some seed funds to help make the vision a reality, but we need a volunteer to champion this effort.

Interested? Please contact any of the members of the Common Grounds Task Force (Nan Reed, Joan Burton, Tom Wentworth) for more details. Thanks!



Building and Grounds News

If you still need help with locking/unlocking doors in either the Sanctuary or Sally B. White Center, please see Dan for some lessons.

Help your church to function well by becoming a member of the Building and Grounds team! We need volunteers!

Tips from the Team

Pastoral Care Tip

Summertime is the season that radiates warmth, optimism and positive energy. It denotes a calm and peaceful time with clear blue skies and puffy clouds. The summertime provides us with days that are calm and peaceful with a golden sun.

Great memories are made during the summer. Vacations stretch into days of fun and adventures at the beach, parks and visiting friends, having picnics and playing games. It's time to eat an ice cream cone, fly a kite, play softfall, catch fireflies or snooze in a hammock and enjoy the summer UCF'ers!!!





Green Tip

My backyards have always been ecosystems of weeds, including the mowed weeds that constitute my "lawn." However, if you want a more cultured lawn while keeping your backyard wildlife safe, it's important to look for nontoxic ways to discourage the weeds. Here are some tips for getting a healthy lawn: grow the right grass for your area (a bit of research is necessary); mow with a sharp blade that cuts without tearing the grass; encourage deep roots with adequate watering; don't cut your grass extremely short because this stresses the plants and removes clover that is beneficial to bees; do a soil test to determine the right type and amount of fertilizer; and deal with weeds quickly. Pulling weeds by hand is the most environmentally friendly approach, but it's essential to pay constant attention. With a good foundation, you can have a lovely lawn without the application of potentially damaging chemicals.

June Events

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1 10am Leadership Council	2	3
4 9am First Sunday Fun Day 10:30am Service	5 3pm Mental Health Family Support Group 5:30pm Meditation	6	 7 9am Rev Micah Office Hours 4:30pm Philosophy in the Afternoon 6pm Vespers 	8 3pm Membership Committee Meeting	9 12pm Graduation Party 6:30pm Game Night	10
119am Choir Practice10:30am Service12pm Annual Meeting	 12 12:30pm Women's Discussion 3pm Mental Health Family Support Group 5:30pm Meditation 	13 4pm Finance Meeting	14 9am Rev Micah Office Hours 3pm Worship Com- mittee	15 2pm ASE Committee 5pm Board of Trustees Meeting	16	17
18 9am Choir Practice 10:30am Service	 19 3pm Mental Health Family Support Group 4pm Book Club 5:30pm Meditation 	20 6pm NAACP Meeting	21 9am Rev Micah Office Hours 6pm Vespers	22	23 Coastline News Due	24
25 9am Choir Practice 10:30am Service	26 3pm Mental Health Family Support Group 5:30pm Meditation	27	28 9am Rev Micah Office Hours 5:30pm Buddhism Video	29 10am CCC Tour	30	

The UCF Team

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