

OUR COASTLINE

Official Newsletter of the Unitarian Coastal Fellowship

Morehead City, NC

June, 2024

OUR VISION STATEMENT
Our congregation's vision
is to be a visible presence in
the community, growing a just
world through spiritual
enrichment, compassionate
action, and free religious
inquiry.

A WELCOMING CONGREGATION

We are an intentionally diverse community, welcoming of and enriched by people of varying cultures, economic and ethnic backgrounds; by people of varying sexual orientations, gender identities and family compositions; by people of all races, ages and beliefs.



Dear Beloveds,

This is it. This is my last Coastline.

I write this with mixed emotions. I'm sad to be leaving a wonderful group of people that have formed such a supportive, healing community. And I'm proud of the work that we've done here. Moving into the new building; the flagpole proclaiming our UU values; last year's amazing stewardship drive to commit to full-time ministry. All of the new faces that

have shown up in the past year, some with tears in their eyes, to say "I never knew this was here; I needed this." It's been very inspirational to me and given me new faith in Unitarian Universalism and the change it creates in the world.

And now, it's time for me to move on: to the First Unitarian Congregational Society of Brooklyn, NY. It will be different in so many ways! They are a larger church, with around 300 members and several full time staff. I'll take the subway to work, live in a much smaller apartment, and spend a lot more time walking than I do now. I'll have to deal with snow and ice in the winter again! And I'll probably sell my car. (Speaking of which, if anyone wants to buy my car, let me know!)

UCF is in good hands: your hands. Remember, the minister is not the congregation. The congregation is all of its people. None of this would be possible without *your* leadership and *your* support. And there is still plenty to do. Keep showing up (especially to the Annual Meeting!), keep being the change you want to see in the world, keep being you.

I could not have asked for a better congregation to work with. Truly. I think your new minister is in great hands as well.

~Blessings, Rev. Micah C. Ma

No Contact



You may be thinking, "I can't wait to visit Rev. Ma in New York!"



UUA rules prohibit recently separated ministers and congregants from having contact for **one year**. This is to prevent anyone from overstepping boundaries. Rev. Ma will have a new congregation they need to learn and bond with, and UCF will have a new minister who is learning the ropes and needs everyone's support.

Rev. Ma's last day at UCF will be Sunday, June 30. In August 2025, if you still wish to contact Rev. Ma, you can do so then.

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President's Column

June 2024 Coastline, from the President

The fifth principle of the current Article 2 of the Unitarian Universalist Association Bylaws is: "The right of conscience and the use of the democratic process within our congregations and in society at large."

The proposed revision of Article 2 has Justice as one of the core values with Love at the center. The description of the justice value is:

"We work to be diverse multicultural Beloved Communities where all thrive.

We covenant to dismantle racism and all forms of systemic oppression. We support the use of inclusive democratic processes to make decisions within our congregations, our Association, and society at large."

The Unitarian Coastal Fellowship will hold its Annual Meeting after the Bread Communion and worship service on Sunday, June 16. Please look at your email on June 2 for the meeting packet. The congregation will be voting on the budget, the slate of officers, a revised Mission Statement, and how to direct the 2 delegates to vote on the revised Article 2 proposal at the UUA General Assembly, June 20-23. There will be short reports from Rev. Ma, staff, and committees. Officers of the Board of Trustees whose terms end on June 30, 2024, are: Susan Fetzer, President; Mark Hooper, Vice President; and Linda Rudd, Leadership Council Trustee.

Anyone who has been a member for 30 days at the time of the meeting is able to vote. Those who have been members for a year may serve on the Board of Trustees. An email ballot will be included with the packet and may be returned by June 17 (the day after the meeting). The meeting will be available on Zoom if you are not able to attend in person. The quorum for the meeting is 30% of members.

Here's a link to UCF Bylaws: https://ucfnc.org/about-us/governance-and-leadership/. This is where you may read more about membership, the annual meeting, and a description of officer positions. More information is also included in the Policy and Procedures Manual.

President's Column

If you don't receive the email on June 2, or if you want a paper copy of the meeting packet, please contact the Board of Trustees at board@ucfnc.org.

It's been an honor and a privilege to serve the Unitarian Coastal Fellowship as its President for the past two years. Thank you for your support. I choose to serve as a leader in this congregation because I receive so much from all of you! What role has service played in your life? What kind of service have you found most meaningful? What gifts do you bring to UCF? Inspired by Kent McKusick, I'll end this with his words:

In the name of all that is holy,

May the connections between us inspire and sustain us.

May the flame of life within us and amongst us

Be a sacred reminder that we are all called to serve,

To grow, and to love as we continue this journey of transformation.



Children & Family Ministries

Children & Family Ministries From Sarah Grenier

I am still reminiscing about our child dedication service! I am amazed we have so many families committing themselves to Unitarian Universalism. Our congregation is so honored to have you all with us, that you entrust us with the faith formation of your children.

To me, it's also important to be grounded in the world around us, in nature. I cherish the blessing with the elements at the dedication. I hope your kids will put a dab of the communion water on their wrists when they need some strength from their community. I hope they light their candle on their birthday to be thankful for another year around the sun. I hope the rose reminds them of their fragility and the need to rely on each other. I hope they think of the seagull perched on the edge of a vast ocean reminding us to dream big but also reminding us we are such a small piece of the divine, connected universe.

In the RE classroom, we are working to establish our class covenant and learn how to uphold it with each other. We've welcomed many new faces this month.

In the nursery, we need volunteers for every Sunday in June and July! Tell me if you want to help out, and sign up in Breeze if you are already on the volunteer list.

We're so glad all our kids are playing together, and I'm glad everyone feels safe letting their kids do so at church. However, we have some concerns about letting the children play together outside, unsupervised, especially without a fence to keep them contained. Let's work together to keep our village safe; while the children are outside, please make sure an adult is outside with them.

I want to give a BIG thank you to the members who have chosen to sponsor a basket! We can't wait to see your creations. Please let me know if you have any questions about the materials.

Children & Family Ministries

And now, for the June Schedule:

- •Sunday, June 2nd, Multigen Pride Sunday 10:30AM: Nursery open, no children's religious education
 - During coffee hour: Sunday Funday "Fun in the Sun"
- •Friday, June 7th: 12:30-2:30 Celebrate the end of the school year with pizza and ice cream!
- •Sunday, June 9th, 10:30AM: Father's Day story and activities
- •Friday, June 14th, 6:30PM: Game Night! Bring your favorite board game or play one of ours. We will celebrate all June birthdays with a cake!
- •Sunday, June 16th, 10:30AM: Juneteenth story and activities •Childcare will be available for the Annual Meeting
- •Sunday, June 23rd, 10:30AM: Summer Solstice story and activities
- •Saturday, June 29th, 10AM: Pride walk at the Growler in Emerald Isle. The walk was started by a trans youth!
- •Sunday, June 30th, 10:30AM: In RE, we will discuss saying goodbyes with a story and discussion.









Upcoming Services

June 2: BE GAY DO CRIME

It's multigenerational Pride Sunday!
On this Sunday, we celebrate all of our diversities while also looking at liberation and its relationship to the law. Those who paved the way for our liberation today were the lawbreakers of the past, from fugitive slaves to the Greensboro Six to the Stonewall riot. We welcome the Greater Greenville Queer Choir who



will be singing for us during this service. (NOTE: This is a multigenerational service, so school-aged children will be in the service.) What does "be gay, do crime" mean as a rallying cry today?



June 9: Will You Accept This Rose?

A minister is nothing without the congregation! The leadership and support of the people are what make a congregation work, and many people at the Unitarian Coastal Fellowship labor behind the scenes. On this Sunday, Rev. Ma lifts up UCF's volunteers and thanks them for all of their hard work over these past years.

June 16: Bread Communion

Once a year, UCF has an Annual Meeting where the business of the congregation is conducted and new Board members are voted in. And before that, there is traditionally a Bread Communion, where we remind ourselves that "communion" and "community" share the same root. All are welcome to bring bread, and the Board will bring the fixin's! (NOTE: This wll be a shorter



service, about 45 minutes, so that we can commence with the Annual Meeting directly after.)

Upcoming Services

June 23: A Midsummer Day's Dream

It's General Assembly Sunday! Be prepared for a half day at church, as we start off at 10:30am with a Summer Solstice service. Then, afterward, we're having a "picnic" potluck, after which all are invited to the sanctuary at 1pm for a live-streamed General Assembly Sunday worship service. Come for one worship or stay for both!



June 30: One Last Time

On Rev. Ma's last Sunday with the congregation, they reflect back on the lessons they learned at the Unitarian Coastal Fellowship--and also look forward at the future they believe is in store for this congregation. What role can UCF and Unitarian Universalism play here on the Crystal Coast, years into the future?



Search Committee Update

MINISTERIAL SEARCH COMMITTEE UPDATE INTRODUCING OUR NEW MINISTER, LESLIE RUNNELS



We have known from the beginning of Rev. Ma's time with us that they are our interim minister and that their time with UCF ends this July. In June 2023, you approved a Search Committee to find our new, fulltime contract minister. Since this time, the Search Committee, along with the Contract Negotiations team, has worked diligently to locate, interview, research and negotiate a contract and we are THRILLED to introduce you to our new minister.

Minister Leslie will begin in August and until she meets us in person, she sends the following hello and an overview of her ministerial record. (There are also hard copies of these on the bulletin board in the Social Hall.)



Hello from Minister Leslie Runnels

https://docs.google.com/document/d/1IWNG1yPOvCZWzlt7i0Z6pyBMIaYSobcY/edit

Ministerial Record Overview for Leslie Runnels

https://docs.google.com/document/d/1 DejgEk InLviWxH Ze-m13II3UHJF1/edit

Search Committee members, Tom Cullison, Miriam Green, Sarah Grenier, Penny Hooper, and Amy Jones, extend their sincere gratitude for your trust, feedback, and suggestions that you provided to guide this search. By completing the ministerial search survey, participating in the cottage meetings and coffees with the Search Committee, and reaching out to us with questions and suggestions, you directed the Search Committee's work through every step of this process.

Thank you and welcome to Minister Leslie Runnels!!!

Social Justice News

From the Social Justice Committee: UU the Vote - 2024

On Tuesday, May 14th, Rev. Lisa Garcia-Sampson, Director of UU Justice NC officially rolled out this year's **UU the Vote** program. UU Justice NC will be working with many community partners like Carolina Jews for Justice, Democracy NC, and Reclaim our Vote. At the rollout, Nora Rasman, National UU the Vote Coordinator for the UUA spoke about the importance of this election and how it is time for **everyone** to step up and help to the extent that they can.



One of the speakers was Michael Sheridan, who is Co-Chair of the Social Justice

Committee at the Unitarian Universalist Congregation of Wilmington, NC – our neighbors.

Michael said (and I paraphrase): "We at the Wilmington UU Church are putting our main social justice focus on UU the Vote from now until Election Day. If this election doesn't go right, all the other social justice issues we have been working towards will be lost."

So we are hoping that many of you will be willing to step in and help with the UU the Vote activities.



The first opportunity will be writing postcards for "Reclaim Our Vote" as we have done before. The postcards are handwritten and decorated and are targeted to people of color in NC. They will be encouraging registered voters to vote. We need to know how many sets of 20 postcards our congregation will commit to so we can figure out the financial resources needed. We should be getting a \$500 grant for this purpose but may have to supplement that from our Social Justice budget.

Social Justice News

Studies have shown that these handwritten postcards are very effective in inspiring people to vote.

If you decide to sign up for postcarding, you will receive a kit in a bag with everything you need, including 20 postcards and stamps, colored pens, a list of addresses, instructions, and a script for the cards. **We will not be actually filling out the postcards until August.**

You can volunteer to do postcards by filling out this <u>short form</u> or by speaking to or emailing Harriet Altman (<u>harrietaltman@icloud.com</u>) or Barb Thomas (<u>bsthomas2@gmail.com</u>).

There will be many more opportunities to UU the Vote, including phone banking, voter registration, canvassing, rides to the polls, being a vote protector and being in the Rapid Response Safety Network. We will keep you informed as these opportunities arise.

Social Justice Film Series

Spread the word and Join UCF for the final showing in the 2023/2024 Social Justice Film Series on June 13 at 6:30pm!

SOCIAL JUSTICE FILM SERIES

Hosted by Unitarian Coast Fellowship 2900 Bridges St., Morehead City

Ghosts In Our Machine (2013) June 13, 2024 6:30PM

THE GHOSTS IN OUR MACHINE is a multi-award winning consciousness raising documentary that gently reveals one of the most haunting moral dilemmas of our modern world. While the provocative film BLACKFISH made waves for exposing the consequences of keeping orcas in captivity, GHOSTS illuminates the plight of many other animals rescued from and living within the machine of our modern world, from captive foxes to rescued dairy cows.

FREE to the public!







Join us for the final showing in our 2023-2024 Social Justice Film Series. All Ages Welcome!

UCF News



What is PRIDE all about?

LGBTQ+ Pride Month is celebrated each year during the month of June to acknowledge and honor the Stonewall Uprising in New York. (As noted by the STONEWALL Veterans' Association, the reference to these events as the Stonewall Riots was initially used by police to justify their use of force.) Unprovoked police raids of LGBTQ+ establishments occurred frequently but when they raided the Stonewall Inn, a gay bar in Greenwich Village, on June 28, 1969, members of the LGBTQ+ community fought back against the years of abuse, discrimination, and anti-LGBTQ+ laws.

While the Stonewall Uprising did not initiate the gay rights movement, it is widely considered to have galvanized the LGBTQ+ community and launched a new era in the fight for LGBTQ+ rights in the United States. The name "Pride" was given to the month to encourage the feeling of pride as the LGBTQ+ community and allies gather to celebrate and support LGBTQ+ rights.

In acknowledgement of the significance that the Stonewall Uprising had on the LGBTQ+ rights movement, the Stonewall Inn was declared a historic landmark by the city of New York in 2015 and in 2016, President Barack Obama named it a national monument.

Pride events attract millions of participants to honor the Stonewall Uprising and to recognize the impact that LGBTQ+ individuals have locally, nationally, and internationally. Pride also acknowledges the members of the community who have been lost to HIV/AIDS and hate crimes and draws attention to the issues, inequality, and discrimination that the LGBTQ+ community still faces today.

Pride celebrations are diverse and often include marches, parades, festivals, and concerts. As we celebrate Pride Month, there are several days in June that hold special significance.

UCF News



- June 1 –LGBTQ+ Families Day
- June 5—HIV Long-Term Survivors Awareness
- June 12—Pulse Night of Remembrance
- June 26—9th Anniversary of the U.S. Supreme Court's decision to legalize same-sex marriage
- June 27—National HIV testing Day
- June 28—Stonewall Uprising Anniversary
- June 30—Queer Youth of Faith Day

At UCF, we strive to recognize and honor the LGBTQ+ community throughout the year and several visible ways include:

- Continuously flying the Progress flag outside our building
- Recognizing LGBTQ+ days of remembrance throughout the year
- Holding at least two LGBTQ+ related services per year
- Offering at least one LGBTQ+ related educational program
- Donating to local and statewide LGBTQ+ advocacy groups
- Maintaining our annual UUA "Welcoming Congregation" certification

UCF News

April Share the Plate

April's Share the Plate was for the Queen Street Heritage Foundation/ African American Culture Center. Their mission is to support and uplift the heritage of this Beaufort community and surrounding area by preserving history, providing educational resources, and offering social activities for the enrichment of the wider community. We collected \$608 for this very worthy project and the check was given to Rev. William Ellison, Sr. who is Executive Director.

June Share the Plate

June's Share the Plate is for Carteret Community College's Sexuality and Gender Alliance (SAGA). SAGA seeks to support and uplift LGBTQ+ students, faculty, and staff at Carteret Community College and includes the LGBTQ+ community and its allies.

Emily, the student SAGA President, describes SAGA as follows:

"The Sexuality and Gender Alliance club at Carteret Community College stands for inclusivity for everyone in the LGBTQIA + community, including allies. We strive to make sure everyone feels comfortable in their own skin, and we hope to build a strong community that everyone feels welcome in. SAGA, is the acronym we use for our club, and this past semester we met monthly to discuss future events and to build friendships among our group. We are hoping for SAGA to have more meetings as well as activities that we can attend in the Fall. In the past, we have had game nights, gingerbread house decorating nights for the holidays, and we have even thrown a gala to celebrate our community. No one should feel alone, and SAGA works to ensure that that does not happen."

Regional Choir Festival

During the last weekend in April, choir Director, Tom Cullison, and choir members, Susan Fetzer, Barb Thomas and Karen Baggott attended the regional Choir Festival At Eno River Unitarian Universalist Fellowship in Durham, NC. Their music director, Wendy Looker, and their clinician, Francisco Ruiz from California, created a wonderful choral experience and church members provided tasty meals for the participants. The Beachworship service is on YouTube" with a live link. If you can: "Watch the Sunday worship service on YouTube here.



ChoirFest! When Worlds Intersect (04.28.2024)



Picnic Potluck!

We're having a picnic potluck on Sunday the 23rd, in between worship services! (Read the Upcoming Services page if you haven't yet.) Bring your favorite picnic food to share, and if the weather's nice we might move some tables and chairs and have ourselves a picnic on the patio or even in the parking lot.



Beachside Pride 2024

This Pride event was begun by a local youth, so let's show them our support! Some UCFers may prefer to drive on their own, but those who want to carpool can meet at UCF at 9:30am to drive down to Emerald Isle together.



Saturday, June 15 at 4:30pm Unitarian Coastal Fellowship 2900 Bridges St., Morehead City

Come join us to celebrate our time together and to wish them well in the next phase of their journey.

Welcome by Mark Hooper

Music by UCF Band

Farewell by Susan Fetzer

Song by UCF Choir

Parade to Potluck

DONATE

*No Cashews or Pistachios please.

*There will be a cash donation box to help them with their move!

*Bring your favorite dish to share for the potluck following the program!

Keeping Us Safe at Church

Various UCF Committees have been working on safety procedures and a Safety Policy that will need our attention. Safety on our campus cannot be just the responsibility of a few volunteers, it must be the responsibility of every single one of us. In uncertain political times, with Hurricane season upon us, with a worldwide pandemic in our memories, it is important to gather our ideas for protecting all – from the very young to our elders – especially as we gather in worship and fellowship.

The Children and Family Ministry committee, headed by Laura Prestwich and with Sarah Grenier as Program Administrator, has come up with a list of areas to keep our young families safe. These will include some fences, learning Heimlich maneuver and CPR/First Aid, how to use fire extinguishers, how to use the Fire Blankets in both buildings, use of the walkie talkies, and locking and unlocking our doors properly. They will be meeting with all parents, volunteers, and interested members to make sure that everyone knows how to handle crucial situations. When our kids are involved, there can be no excuse for not knowing how to do all these important procedures.

The Building and Grounds Committee, headed by Sandra Shelp and Miriam Green, has purchased three Fire Blankets – one for the Pantry, one for the Kitchen, and one for the Spirit Play Room (Room 5) in the Sally B. White Building. In case of a fire, pull the blanket down out of the red bag and cover the fire to extinguish it, or cover yourself to escape past a fire. The committee is also seeking a grant to purchase AEDs (defibrillators) to be placed in each building.

The Membership Committee, under Penny Hooper and Martha Kenworthy, trains all greeters in the proper way to lock our doors, communicate with the Nursery, coordinate fire drills, and to keep a look out for suspicious behavior outside. Most importantly, they are the smiling faces that welcome new people, give them a name tag and information about us.

Last, but certainly not least, the UCF Board of Trustees, under the leadership of Susan Fetzer, and soon Mark Hooper, have been diligent in writing up the UCF Safety Policy for us, starting during the pandemic and health policies, as well as what to do for hurricanes, medical emergencies, fires, or intruders. It is a living document, growing with us and as the need arises.

Now we place the ball in your court! What can YOU do to help any of these groups, and make our new, beautiful campus as safe as possible? What safety ideas do you have to add to any of these? Bring your ideas to the attention of any of these leaders and join the committee meetings to learn more. Safety is everyone's responsibility.

Thank you,

Jo Ellen Essex

Member of Children and Family Ministry Committee and the Building and Grounds Committee

Mental Health Family Support Group Tuesdays, 10am (Zoom)

The Mental Health Family Support Group is an opportunity to share experiences and challenges of having family members or friends who live with mental illness. The Mental Health Family Support Group will be meeting on Tuesday mornings on Zoom from 10:00 to 11:30. If you would like to join these meetings or would like more information, please email:



landfall2@mindspring.com

UCF Book Club June 17 at 4pm. SBW

Please join us on Monday June 17, at 4 pm for the UCF Book Club. For info: ldybg223@aol.com. All welcome.



Weekly Meditation Mondays 5:30pm-6pm

Come meditate with us on Zoom on Monday afternoons. You can sign on



between 5:30 and 5:40 and meditation will be from 5:40 to 6:00. Coloring Meditation, Monday, March 4: Please plan to join us in the Social Hall at 5:30pm for meditation music, beautiful coloring books and more colored pencils than are actually legal. Email landfall2@mindspring.com to be sent the Zoom link to join us!

Philosophy in the Afternoon

Philosophy in the Afternoon is still waiting for your input and ideas on topics that affect us as individuals as well as a society...join us for discussing the ultimately unknowable. We'll be in the Social Hall at 4:30 pm on Wednesday, June 5; please come and join us! Questions of not a philosophical nature? Contact Holly:



hollyer54@yahoo.com

VESPERS....Just What Is It? June 5 and June 19



VESPERS....HAVE YOU TRIED IT? Maybe you would like it... Vespers is a short, contemplative worship service for a mid-week spiritual refresher. Join us in the Sanctuary at 6:00pm. Philosophy in the Afternoon and Vespers is a great combination for balancing the spirit. Hope to see you then!

Mental Health Wellness Support Group (NEW)



This support group will meet June 18, 2024 (3rd Tuesday of the month) - a monthly meeting at 7:00pm in the Sally B. White Building. This mental health wellness support group is for people with significant mental health challenges and/or struggles with substance abuse, to facilitate self-empowerment and recovery.

Covenant of Unitarian Universalists Pagans (CUUPS)
Meeting (NEW) June 12, 2024 (2nd Wednesday of the Month)
6:30p.m. - 8p.m.

You don't have to be pagan to join. All are welcome. Bring paper and a pen.

June Events

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
2 10:15am Nursery 10:30am Worship Service 11:30am First Sunday Family Fun Day	3	4	5 9am Rev Ma Office Hours 4:30pm PITA 6pm VESPERS	6 10am Leadership Council	7 12:30pm Rebecka's Office Hours	8
9am Choir	10 5:30pm Meditation	11 10am Mental Health Family Support Group 5:45pm Children & Family Ministries Zoom	12 9am Rev Ma Office Hours 2pm Finance Committee 6:30pm CUUPS	13 6:30pm SJFS Ghosts In Our Machine	14 12:30pm Rebecka Office Hours 6:30pm Game Night	15 4:30pm Potluck and Party for Rev. Ma
9am Choir Practice	17 4pm Book Club 5:30pm Meditation	18 10am Mental Health Family Support Group 6pm NAACP	19 9am Rev Ma Office Hours 6pm VESPERS with Heather	20 2pm ASE Committee 5pm Board of Trustees	21 12:30pm Rebecka Office Hours	22
9am Choir Practice	24 4pm Book Club 5:30pm Meditation	25 10am Mental Health Family Support Group 6pm NAACP Meeting	26 9am Rev Ma Office Hours 10am Buildings & Grounds 3:30pm Worship Committee	27	28 12:30pm Rebecka Office Hours	29
30 9am Choir Practice 10:15am Nursery 10:30am Worship Service						
			21			

The UCF Team

Board of Trustees

President: Susan Fetzer sgfetzer@gmail.com

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